



Maggie's Camper Specials

READY IN



27 min.

SERVINGS



60

CALORIES



137 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 teaspoon baking soda
- 1 cup brown sugar packed
- 1 cup butter
- 0.5 cup coconut or flaked
- 2 eggs
- 1.8 cups flour all-purpose
- 2 teaspoons espresso powder instant
- 1.3 cups milk chocolate chips
- 3 cups old-fashioned oats

- 1.5 cups peanuts salted
- 1 teaspoon vanilla extract
- 1.5 cups sugar white

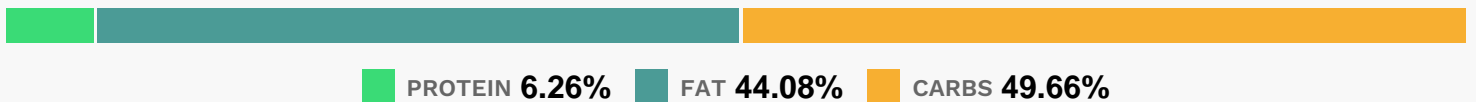
Equipment

- bowl
- baking sheet
- oven

Directions

- Preheat the oven to 350 degrees F (175 degrees C).
- In a large bowl, cream together the butter, brown sugar, and white sugar until smooth. Beat in the eggs one at a time, then stir in the vanilla and espresso powder.
- Combine the flour and baking soda; blend into the sugar mixture until just moist. Stir in the oats, peanuts, chocolate chips and coconut until evenly mixed. Drop by heaping teaspoonfuls onto ungreased cookie sheets.
- Bake for 12 minutes in the preheated oven, or until the edges are golden. Cool for 5 minutes on the baking sheets before removing to wire racks to cool completely.

Nutrition Facts



Properties

Glycemic Index:3.92, Glycemic Load:6.44, Inflammation Score:-1, Nutrition Score:2.6534782671572%

Nutrients (% of daily need)

Calories: 137.16kcal (6.86%), Fat: 6.91g (10.64%), Saturated Fat: 3.44g (21.48%), Carbohydrates: 17.53g (5.84%), Net Carbohydrates: 16.58g (6.03%), Sugar: 10.95g (12.17%), Cholesterol: 13.59mg (4.53%), Sodium: 62.13mg (2.7%), Alcohol: 0.02g (100%), Alcohol %: 0.1% (100%), Protein: 2.21g (4.42%), Manganese: 0.28mg (14.06%), Selenium: 3.38µg (4.83%), Vitamin B3: 0.83mg (4.13%), Phosphorus: 40.21mg (4.02%), Vitamin B1: 0.06mg (4%), Fiber: 0.95g (3.79%), Magnesium: 13.86mg (3.47%), Folate: 13.47µg (3.37%), Iron: 0.5mg (2.8%), Copper: 0.05mg (2.7%), Vitamin B2: 0.04mg (2.18%), Vitamin A: 102.47IU (2.05%), Potassium: 71.36mg (2.04%), Zinc: 0.28mg (1.9%), Vitamin B5: 0.15mg (1.49%), Calcium: 14.22mg (1.42%), Vitamin B6: 0.02mg (1.06%)