



Magic in the Middles

 Vegetarian

READY IN



45 min.

SERVINGS



26

CALORIES



168 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.5 teaspoon baking soda
- 0.5 cup brown sugar packed
- 1 cup creamy peanut butter divided
- 1 large eggs
- 1.5 cups flour all-purpose
- 0.5 cup granulated sugar plus more for dipping)
- 0.8 cup powdered sugar
- 0.3 teaspoon salt

- 0.5 cup butter unsalted softened
- 0.5 cup cocoa powder unsweetened
- 1 teaspoon vanilla extract

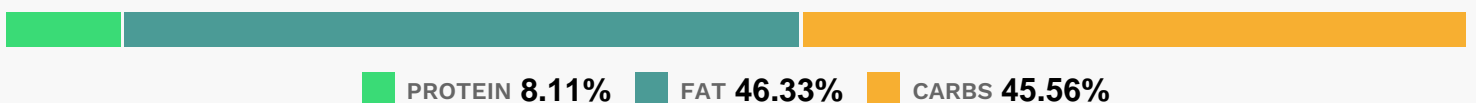
Equipment

- baking sheet
- oven
- whisk
- mixing bowl
- wire rack

Directions

- Preheat oven to 37
- Whisk together first 4 ingredients in a medium-size mixing bowl. In a separate bowl, beat together granulated and brown sugars, butter, and 1/4 cup peanut butter until light and fluffy.
- Add vanilla and egg, beating to combine. Stir in dry ingredients, blending well. Set dough aside.
- Stir together remaining 3/4 cup peanut butter and powdered sugar until smooth. With floured hands, roll mixture into 26 (1-inch) balls.
- Break off about 1 tablespoon cookie dough; make an indentation in center with thumb, and press 1 peanut butter ball into indentation. Wrap dough up and over filling, pressing to seal; roll cookie to smooth it out. Repeat for each cookie.
- Dip top of each cookie in granulated sugar, and place 2 inches apart on lightly greased baking sheets. Use greased bottom of drinking glass to flatten each cookie to about 1/2 inch thick.
- Bake cookies at 375 for 7 to 9 minutes or until set.
- Let cool on wire rack.

Nutrition Facts



Properties

Glycemic Index:6.12, Glycemic Load:6.91, Inflammation Score:-2, Nutrition Score:4.0447825698749%

Flavonoids

Catechin: 1.07mg, Catechin: 1.07mg, Catechin: 1.07mg, Catechin: 1.07mg Epicatechin: 3.25mg, Epicatechin: 3.25mg, Epicatechin: 3.25mg, Epicatechin: 3.25mg Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg

Nutrients (% of daily need)

Calories: 168.1kcal (8.41%), Fat: 9.1g (14.01%), Saturated Fat: 3.45g (21.56%), Carbohydrates: 20.15g (6.72%), Net Carbohydrates: 18.86g (6.86%), Sugar: 12.45g (13.83%), Cholesterol: 16.54mg (5.51%), Sodium: 90.99mg (3.96%), Alcohol: 0.05g (100%), Alcohol %: 0.18% (100%), Caffeine: 3.8mg (1.27%), Protein: 3.59g (7.17%), Manganese: 0.26mg (13.11%), Vitamin B3: 1.79mg (8.95%), Vitamin E: 1.03mg (6.88%), Magnesium: 27.33mg (6.83%), Copper: 0.12mg (5.97%), Phosphorus: 58.6mg (5.86%), Folate: 23.34µg (5.83%), Selenium: 3.82µg (5.45%), Fiber: 1.28g (5.13%), Vitamin B1: 0.07mg (4.84%), Iron: 0.81mg (4.47%), Vitamin B2: 0.07mg (4.14%), Zinc: 0.45mg (2.97%), Potassium: 98.53mg (2.82%), Vitamin B6: 0.05mg (2.72%), Vitamin A: 119.48IU (2.39%), Vitamin B5: 0.18mg (1.81%), Calcium: 13.8mg (1.38%)