



Make-Ahead Snowman Cheese Ball

READY IN



250 min.

SERVINGS



7

CALORIES



742 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 2 tablespoons basil pesto
- 7 servings round buttery crackers assorted
- 4 ounces whipped cream softened
- 24 ounces cream cheese softened
- 1 tablespoon onion grated
- 2 drops hot sauce red
- 16 ounces cheddar cheese shredded
- 0.3 teaspoon mustard yellow
- 7 servings frangelico (see Success Hint)

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Equipment

Directions

- Mix 3 packages cream cheese and the Cheddar cheese; divide into 3 equal parts.
- Combine 2 parts to equal two-thirds of mixture; mix in pesto.
- Mix onion, mustard and pepper sauce into remaining one-third mixture.
- Cover each cheese mixture and refrigerate about 4 hours or until firm enough to shape. Shape each cheese mixture into ball. Wrap each ball, label and freeze.
- About 12 hours before serving, remove balls from freezer. Thaw in wrappers in refrigerator.
- Arrange balls on serving plate with smaller ball on top for head of snowman. Frost snowman with whipped cream cheese before serving. Decorate as desired.
- Serve with crackers. Store covered in refrigerator.

Nutrition Facts

 **PROTEIN 12.26%**  **FAT 77.27%**  **CARBS 10.47%**

Properties

Glycemic Index:24, Glycemic Load:3.02, Inflammation Score:-8, Nutrition Score:15.304782660111%

Flavonoids

Isorhamnetin: 0.07mg, Isorhamnetin: 0.07mg, Isorhamnetin: 0.07mg, Isorhamnetin: 0.07mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg

Nutrients (% of daily need)

Calories: 742.22kcal (37.11%), Fat: 64.38g (99.04%), Saturated Fat: 35.46g (221.65%), Carbohydrates: 19.62g (6.54%), Net Carbohydrates: 19.15g (6.96%), Sugar: 6.67g (7.41%), Cholesterol: 175.62mg (58.54%), Sodium: 921.05mg (40.05%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 22.98g (45.96%), Calcium: 600.78mg (60.08%), Phosphorus: 459.52mg (45.95%), Vitamin A: 2152.65IU (43.05%), Selenium: 27.73µg (39.61%), Vitamin B2: 0.56mg (33.12%), Zinc: 3.03mg (20.17%), Vitamin B12: 0.95µg (15.79%), Vitamin E: 1.99mg (13.23%), Vitamin K: 11.92µg (11.35%), Vitamin B5: 0.93mg (9.33%), Folate: 34.66µg (8.67%), Vitamin B1: 0.12mg (7.93%), Magnesium: 31.31mg (7.83%), Potassium: 223.82mg (6.39%), Vitamin B6: 0.12mg (5.88%), Iron: 0.97mg (5.37%), Manganese: 0.11mg (5.32%), Vitamin B3: 0.92mg (4.59%), Copper: 0.06mg (3.06%), Vitamin D: 0.45µg (3.02%), Fiber: 0.47g

(1.88%)