

## **Make-Your-Own Halloween Brownies**

**Dairy Free** 







DESSERT

### Ingredients

I box brownie mix
1 serving vegetable oil for on brownie mix box
16 oz vanilla frosting
1 serving purple gel food coloring assorted (colors
1 serving chocolate icing black

# 1 serving licorice rounds black such as candy corn, betty spooky sprinkles, snacks, betty dessert decorations candy eyeballs, mini candy-coated milk chocolate candies, licorice assorted for decorating,

## **Equipment**

П	bowl	
H	frying pan	
	oven	
Directions		
	Heat oven to 350°F. Grease bottom of 8- or 9-inch square pan with shortening or cooking spray. Make and bake brownies as directed on box for 8- or 9-inch square pan. Cool completely, about 1 hour 30 minutes.	
	Cut into 6 rectangles.	
	Divide frosting among small bowls, and color to desired shades with food colors. Use frosting, black gel or icing and candies to decorate as desired, using photo as a guide. Store covered at room temperature.	
Nutrition Facts		
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	PROTEIN <b>2.23%</b> FAT <b>31.52%</b> CARBS <b>66.25%</b>	

#### **Properties**

Glycemic Index:14.33, Glycemic Load:23.44, Inflammation Score:1, Nutrition Score:2.5365217632574%

#### Nutrients (% of daily need)

Calories: 731.54kcal (36.58%), Fat: 25.62g (39.42%), Saturated Fat: 4.96g (30.98%), Carbohydrates: 121.18g (40.39%), Net Carbohydrates: 121.18g (44.07%), Sugar: 92.87g (103.19%), Cholesterol: Omg (0%), Sodium: 396.67mg (17.25%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 4.08g (8.17%), Vitamin B2: 0.24mg (14.26%), Vitamin K: 14.73µg (14.02%), Iron: 2.52mg (13.99%), Vitamin E: 1.42mg (9.46%), Folate: 6.42µg (1.61%), Phosphorus: 14.45mg (1.44%)