

DRINKS

Mango Martini

6 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	1	\$2.10	247 kcal

You can never have too many beverage recipes, so give Mango Martini a try. For \$2.1 per serving, this recipe covers 1% of your daily requirements of vitamins and minerals. One serving contains 247 calories, 0g of protein, and 0g of fat. This recipe serves 1. 1 person were impressed by this recipe.

Ingredients

- | | |
|---|--|
| ☐ 1 serving Crushed ice | ☐ 2 tablespoons mango juice |
| ☐ 2 teaspoons fresh lime juice | ☐ ¼ cup white rum |
| ☐ 2 tablespoons Triple Sec (orange-flavored liqueur) | |

Method

- 1 Place crushed ice in a martini shaker.
- 2 Add rum, liqueur, and juices; shake to combine. Strain rum mixture into a martini glass; garnish with mango slices, if desired.
- 3 Serve immediately.

Nutrition per serving

247	0 g	0 g	14 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			0 g · 0% of daily needs
Sugar			12.7 g · 14% of daily needs
Sodium			4.5 mg · 0% of daily needs
Cholesterol			0 mg · 0% of daily needs
Vitamin C			3.3 mg · 4% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/mango-martini-148361