



Mango-Peach Champagne Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



2

CALORIES



225 kcal

BEVERAGE

DRINK

Ingredients



0.5 cup mangos chilled



6 tablespoons peach schnapps chilled peach-flavored



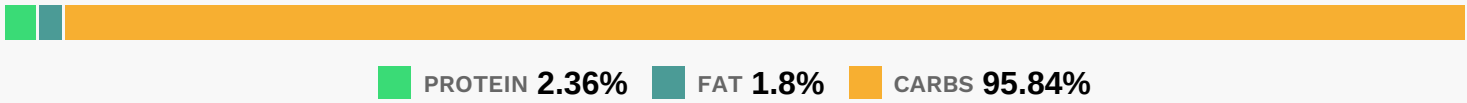
1.5 cups champagne chilled

Equipment

Directions

- ☐
- In each of 2 champagne flutes, pour 1/4 cup mango juice and 3 tablespoons schnapps. Fill with champagne.
- ☐
- Serve immediately.

Nutrition Facts



Properties

Glycemic Index:25.88, Glycemic Load:2.86, Inflammation Score:-7, Nutrition Score:3.3421739624894%

Flavonoids

Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Catechin: 0.71mg, Catechin: 0.71mg, Catechin: 0.71mg, Catechin: 0.71mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg

Nutrients (% of daily need)

Calories: 225.49kcal (11.27%), Fat: 0.16g (0.24%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 18.73g (6.24%), Net Carbohydrates: 18.07g (6.57%), Sugar: 17.98g (19.98%), Cholesterol: 0mg (0%), Sodium: 12.8mg (0.56%), Alcohol: 11.33g (100%), Alcohol %: 5.47% (100%), Protein: 0.46g (0.92%), Vitamin C: 15.02mg (18.2%), Vitamin A: 446.33IU (8.93%), Potassium: 225.06mg (6.43%), Magnesium: 21.83mg (5.46%), Folate: 19.51µg (4.88%), Iron: 0.77mg (4.3%), Vitamin B6: 0.08mg (4.22%), Copper: 0.07mg (3.26%), Phosphorus: 32.33mg (3.23%), Fiber: 0.66g (2.64%), Vitamin E: 0.37mg (2.47%), Vitamin B3: 0.45mg (2.26%), Calcium: 20.47mg (2.05%), Vitamin B2: 0.03mg (1.96%), Vitamin K: 1.73µg (1.65%), Manganese: 0.03mg (1.3%), Zinc: 0.18mg (1.19%)