

Maple Cheesecake with Maple-Cranberry Compote

READY IN SERVINGS

1.5 cups maple syrup dark pure (preferably grade A amber)

12

calories **o 525 kcal**

DESSERT

Ingredients

45 min.

Ш	3 tablespoons flour
	24 ounce cream cheese room temperature
	4 large eggs
	0.5 cup brown sugar packed ()
	2 cups graham crackers whole (17 crackers ground in processor)
	0.5 teaspoon ground cinnamon (scant)

	0.3 teaspoon salt	
	0.7 cup cream sour	
	3 tablespoons sugar	
	6 tablespoons butter unsalted melted ()	
	2 teaspoons vanilla extract	
Equipment		
	bowl	
	frying pan	
	sauce pan	
	oven	
	knife	
	blender	
	springform pan	
Directions		
	Boil maple syrupin heavy medium saucepan over medium-highheat until reduced to 1 cup, stirringoccasionally and watching closely to avoidboiling over (syrup will bubble up to topof pan), about 5 minutes.	
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Add eggs, 2 at a time, and beat just until blended after eachaddition. Tap bowl several timeson counterto release any air bubbles.
Pour filling intocooled crust. Using tip of small knife, popany air bubbles on surface.
Bake cake until slightly puffed aroundedges (center will still look moist and willmove slightly when pan is gently shaken),about 1 hour 30 minutes.
Transfer cake torack and cool completely. Cover and chillovernight. DO AHEAD: Can be made 3 daysahead. Keep chilled.
Cut cheesecake into wedges. Divideamong plates.
Serve with warm Maple-Cranberry Compote alongside.
Bon Appétit
Nutrition Facts
PROTEIN 5.45% FAT 52.29% CARBS 42.26%
FRUIEIN J.4J/0 FAI JZ.ZJ/0 CARDS 4Z.ZU/0

Properties

Glycemic Index:23.97, Glycemic Load:21.96, Inflammation Score:-6, Nutrition Score:10.314782625307%

Nutrients (% of daily need)

Calories: 525.38kcal (26.27%), Fat: 30.78g (47.35%), Saturated Fat: 17.1g (106.87%), Carbohydrates: 55.96g (18.65%), Net Carbohydrates: 55.35g (20.13%), Sugar: 42.18g (46.86%), Cholesterol: 141.85mg (47.28%), Sodium: 360.06mg (15.65%), Alcohol: 0.23g (100%), Alcohol %: 0.18% (100%), Protein: 7.22g (14.43%), Manganese: 0.97mg (48.67%), Vitamin B2: 0.79mg (46.36%), Vitamin A: 1106.25IU (22.12%), Selenium: 11.3µg (16.15%), Calcium: 143.5mg (14.35%), Phosphorus: 137.84mg (13.78%), Zinc: 1.14mg (7.59%), Potassium: 248.22mg (7.09%), Magnesium: 27.19mg (6.8%), Iron: 1.19mg (6.61%), Vitamin B1: 0.1mg (6.55%), Vitamin B5: 0.65mg (6.5%), Folate: 24.34µg (6.09%), Vitamin E: 0.88mg (5.84%), Vitamin B12: 0.31µg (5.2%), Vitamin B6: 0.09mg (4.27%), Vitamin B3: 0.8mg (4.02%), Vitamin D: 0.44µg (2.92%), Fiber: 0.6g (2.42%), Copper: 0.04mg (1.91%), Vitamin K: 1.95µg (1.86%)