



Margarita

 Vegetarian  Gluten Free  Dairy Free  Low Fod Map

READY IN



45 min.

SERVINGS



8

CALORIES



165 kcal

BEVERAGE

DRINK

Ingredients

- 24 ounce lager beer (such as Corona)
- 8 servings kosher salt
- 1 lime cut into slices
- 12 ounce limeade concentrate thawed canned
- 1.5 cups tequila

Equipment

Directions

- Rub the rims of glasses with lime slices and dip in salt to coat, if desired. In a large pitcher, combine beer, limeade concentrate, and tequila.
- Serve in the glasses over ice.
- Garnish with the lime slices.

Nutrition Facts

 PROTEIN **4.39%**  FAT **0.37%**  CARBS **95.24%**

Properties

Glycemic Index:10.94, Glycemic Load:1.43, Inflammation Score:-4, Nutrition Score:1.025217383938%

Flavonoids

Catechin: 0.32mg, Catechin: 0.32mg, Catechin: 0.32mg, Catechin: 0.32mg Epicatechin: 0.07mg, Epicatechin: 0.07mg, Epicatechin: 0.07mg, Epicatechin: 0.07mg Hesperetin: 3.6mg, Hesperetin: 3.6mg, Hesperetin: 3.6mg, Hesperetin: 3.6mg Naringenin: 0.28mg, Naringenin: 0.28mg, Naringenin: 0.28mg, Naringenin: 0.28mg Kaempferol: 0.69mg, Kaempferol: 0.69mg, Kaempferol: 0.69mg, Kaempferol: 0.69mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg Gallic acid: 0.07mg, Gallic acid: 0.07mg, Gallic acid: 0.07mg, Gallic acid: 0.07mg

Nutrients (% of daily need)

Calories: 165.15kcal (8.26%), Fat: 0.02g (0.03%), Saturated Fat: 0g (0.01%), Carbohydrates: 9.76g (3.25%), Net Carbohydrates: 9.53g (3.46%), Sugar: 5.78g (6.43%), Cholesterol: 0mg (0%), Sodium: 199.09mg (8.66%), Alcohol: 18.35g (100%), Alcohol %: 12.82% (100%), Protein: 0.45g (0.9%), Vitamin C: 3.76mg (4.55%), Vitamin B3: 0.46mg (2.31%), Vitamin B6: 0.04mg (2.24%), Magnesium: 6.46mg (1.62%), Phosphorus: 15.64mg (1.56%), Folate: 6.2µg (1.55%), Vitamin B2: 0.03mg (1.53%), Copper: 0.03mg (1.31%), Potassium: 36.7mg (1.05%)