



## Margarita



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



169 kcal

BEVERAGE

DRINK

## Ingredients

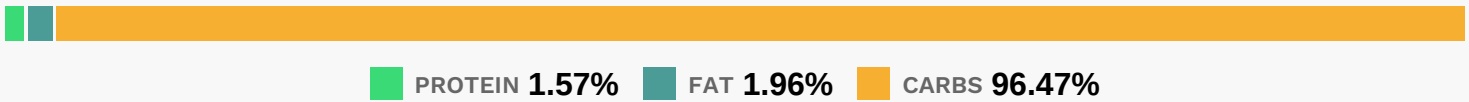
- ☐ 50 ml tequila
- ☐ 1.5 tbsp juice of lime for the glass (1 lime should be sufficient)
- ☐ 1 tbsp triple sec
- ☐ 1 slice salt and of lime

## Equipment

## Directions

- ☐
- Put a little salt on a saucer, then wipe the rim of your martini glass with lime juice. Turn the glass upside down in the salt and twist to coat.
- ☐
- Stir the ingredients and a little ice together or put them in a cocktail shaker to combine. Strain into a chilled martini glass.
- ☐
- Serve with a slice of lime.

## Nutrition Facts



## Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:0.7369565345023%

## Flavonoids

Eriodictyol: 0.49mg, Eriodictyol: 0.49mg, Eriodictyol: 0.49mg, Eriodictyol: 0.49mg Hesperetin: 2.02mg, Hesperetin: 2.02mg, Hesperetin: 2.02mg, Hesperetin: 2.02mg Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

## Nutrients (% of daily need)

Calories: 168.99kcal (8.45%), Fat: 0.06g (0.09%), Saturated Fat: 0.02g (0.11%), Carbohydrates: 6.72g (2.24%), Net Carbohydrates: 6.63g (2.41%), Sugar: 5.21g (5.79%), Cholesterol: 0mg (0%), Sodium: 389.74mg (16.95%), Alcohol: 20.84g (100%), Alcohol %: 29.61% (100%), Caffeine: 3.9mg (1.3%), Protein: 0.11g (0.22%), Vitamin C: 6.75mg (8.18%), Copper: 0.02mg (1.15%)