



Margarita Dip

 Gluten Free

READY IN



70 min.

SERVINGS



12

CALORIES



86 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.3 cup powdered sugar
- 8 ounce cream cheese softened
- 0.3 cup margarita cocktail frozen thawed
- 2 tablespoons orange juice
- 0.3 cup whipped cream

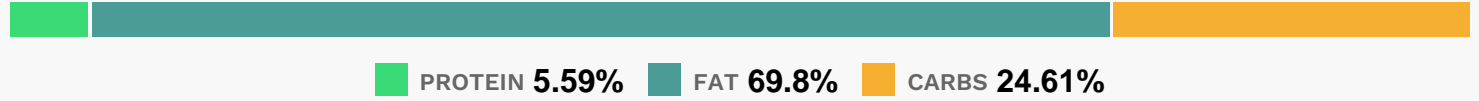
Equipment

- bowl
- hand mixer

Directions

- Use an electric mixer to beat the softened cream cheese, margarita mix, orange juice, and confectioners' sugar in a large bowl until smooth. Thoroughly fold whipped cream into mixture. Cover and chill 1 hour to blend flavors before serving.

Nutrition Facts



Properties

Glycemic Index:11.17, Glycemic Load:0.52, Inflammation Score:-2, Nutrition Score:1.0604347904901%

Flavonoids

Hesperetin: 0.34mg, Hesperetin: 0.34mg, Hesperetin: 0.34mg, Hesperetin: 0.34mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 86.13kcal (4.31%), Fat: 6.78g (10.44%), Saturated Fat: 3.99g (24.95%), Carbohydrates: 5.38g (1.79%), Net Carbohydrates: 5.38g (1.95%), Sugar: 4.89g (5.43%), Cholesterol: 20.04mg (6.68%), Sodium: 64.18mg (2.79%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.22g (2.44%), Vitamin A: 268.05IU (5.36%), Vitamin B2: 0.05mg (2.68%), Selenium: 1.66µg (2.37%), Phosphorus: 21.82mg (2.18%), Calcium: 19.93mg (1.99%), Vitamin C: 1.42mg (1.72%), Vitamin B5: 0.12mg (1.17%), Vitamin E: 0.17mg (1.14%)