



## Margarita On The Rocks

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



5 min.

SERVINGS



2

CALORIES



249 kcal

BEVERAGE

DRINK

### Ingredients

- 2 servings ice cubes
- 0.3 cup lemon lime soda to taste
- 0.3 cup juice of lime sweetened (such as Rose's®)
- 0.5 cup tequila
- 0.3 cup triple sec

### Equipment

## Directions

- Rim 2 margarita glasses with salt if desired, and fill with ice.
- Pour the tequila, sweetened lime juice, triple sec, and lemon-lime soda into a shaker filled with ice, hold your hand firmly over the top of the shaker so the top doesn't pop off from the carbonated soda, and shake vigorously.
- Pour into prepared margarita glasses, and serve.

## Nutrition Facts

 PROTEIN 1.18%  FAT 1.59%  CARBS 97.23%

## Properties

Glycemic Index:7.5, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:1.0473912941373%

## Flavonoids

Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg Hesperetin: 2.71mg, Hesperetin: 2.71mg, Hesperetin: 2.71mg, Hesperetin: 2.71mg Naringenin: 0.12mg, Naringenin: 0.12mg, Naringenin: 0.12mg, Naringenin: 0.12mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

## Nutrients (% of daily need)

Calories: 249.12kcal (12.46%), Fat: 0.11g (0.17%), Saturated Fat: 0.03g (0.21%), Carbohydrates: 15.12g (5.04%), Net Carbohydrates: 15g (5.45%), Sugar: 13.02g (14.46%), Cholesterol: 0mg (0%), Sodium: 9.31mg (0.4%), Alcohol: 27.71g (100%), Alcohol %: 17.11% (100%), Caffeine: 12.1mg (4.03%), Protein: 0.18g (0.37%), Vitamin C: 9.07mg (11%), Copper: 0.04mg (2.08%), Potassium: 45.74mg (1.31%), Manganese: 0.02mg (1.06%), Magnesium: 4.16mg (1.04%)