



## Margarita "Poptails"

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



340 min.

SERVINGS



40

CALORIES



38 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 0.3 cup juice of lemon
- 0.5 cup juice of lime
- 1 lime zest shredded finely (use a box grater)
- 0.3 cup orange juice
- 12 cranberry-orange relish
- 0.8 cup sugar
- 3 tablespoons tequila

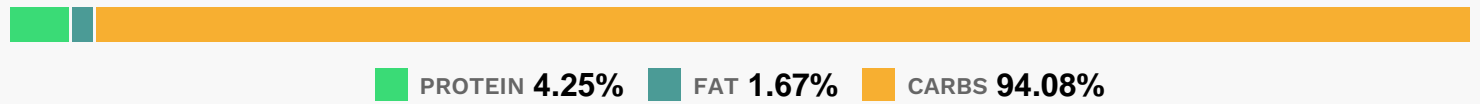
### Equipment

- sauce pan
- popsicle molds

## Directions

- Combine 1 cup water, the sugar, and lime zest in a small saucepan over high heat and bring to a boil.
- Let cool, then add lime, orange, and lemon juices and tequila.
- Divide orange segments among 6 popsicle molds, each about 1/3-cup size. Fill molds with tequila mixture and freeze until solid, at least 5 hours or overnight.

## Nutrition Facts



## Properties

Glycemic Index:5.29, Glycemic Load:4.31, Inflammation Score:-2, Nutrition Score:2.3217391506971%

## Flavonoids

Eriodictyol: 0.14mg, Eriodictyol: 0.14mg, Eriodictyol: 0.14mg, Eriodictyol: 0.14mg Hesperetin: 12.11mg, Hesperetin: 12.11mg, Hesperetin: 12.11mg, Hesperetin: 12.11mg Naringenin: 6.14mg, Naringenin: 6.14mg, Naringenin: 6.14mg, Naringenin: 6.14mg Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg

## Nutrients (% of daily need)

Calories: 37.8kcal (1.89%), Fat: 0.07g (0.11%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 9.07g (3.02%), Net Carbohydrates: 8.06g (2.93%), Sugar: 7.67g (8.52%), Cholesterol: 0mg (0%), Sodium: 0.17mg (0.01%), Alcohol: 0.38g (100%), Alcohol %: 0.92% (100%), Protein: 0.41g (0.82%), Vitamin C: 23.67mg (28.69%), Fiber: 1.01g (4.04%), Folate: 13µg (3.25%), Vitamin B1: 0.04mg (2.49%), Potassium: 81.15mg (2.32%), Vitamin A: 93.97IU (1.88%), Calcium: 17mg (1.7%), Vitamin B6: 0.03mg (1.34%), Magnesium: 4.53mg (1.13%), Vitamin B5: 0.11mg (1.11%), Vitamin B2: 0.02mg (1.06%), Copper: 0.02mg (1.05%)