



Margarita Shot-Glass Shrimp



Gluten Free



Dairy Free

READY IN



30 min.

SERVINGS



24

CALORIES



50 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 serving lime wedges
- ☐ 1 serving coarse salt
- ☐ 1 serving pepper black
- ☐ 1 cup fruit cocktail
- ☐ 0.5 cup bell pepper red yellow finely chopped
- ☐ 1 tablespoon juice of lime
- ☐ 16 oz pineapple rings crushed drained canned
- ☐ 2 lb shrimp deveined cooked peeled

☐ 1 sprigs cilantro leaves

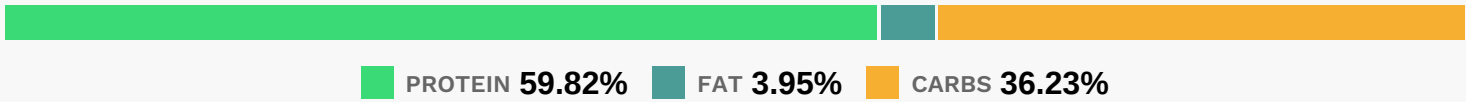
Equipment

☐ bowl

Directions

- ☐ If desired, rub rims of 24 (2-oz) cordial glasses (shot glasses) with lime wedges; dip rims in coarse salt and pepper.
- ☐ In medium bowl, mix cocktail sauce, bell pepper, lime juice and pineapple.
- ☐ Place about 1 tablespoon sauce mixture in bottom of each glass.
- ☐ Place 1 shrimp in each glass; top each with lime wedge and cilantro sprig.
- ☐ Serve immediately, or cover and refrigerate until serving time.

Nutrition Facts



Properties

Glycemic Index:6.29, Glycemic Load:0.77, Inflammation Score:-1, Nutrition Score:2.3008695730697%

Flavonoids

Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Hesperetin: 0.07mg, Hesperetin: 0.07mg, Hesperetin: 0.07mg, Hesperetin: 0.07mg Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 50.26kcal (2.51%), Fat: 0.23g (0.35%), Saturated Fat: 0.04g (0.26%), Carbohydrates: 4.71g (1.57%), Net Carbohydrates: 4.32g (1.57%), Sugar: 4.11g (4.57%), Cholesterol: 60.86mg (20.29%), Sodium: 53.97mg (2.35%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 7.77g (15.54%), Vitamin C: 7.89mg (9.56%), Copper: 0.18mg (8.94%), Phosphorus: 84.21mg (8.42%), Magnesium: 17.03mg (4.26%), Potassium: 140.09mg (4%), Zinc: 0.54mg (3.61%), Calcium: 28.35mg (2.83%), Iron: 0.3mg (1.64%), Manganese: 0.03mg (1.6%), Fiber: 0.38g (1.53%), Vitamin B1: 0.02mg (1.48%), Vitamin B6: 0.02mg (1.25%)