



Margarita Slush

 **Gluten Free**  **Dairy Free**  **Low Fod Map**

READY IN



315 min.

SERVINGS



6

CALORIES



162 kcal

Ingredients

- 10 oz margarita cocktail frozen canned
- 1 cup tequila
- 0.3 cup juice of lime fresh (2 to 3 medium limes)
- 1 medium lime cut into 6 slices
- 1 serving margarita cocktail for glass rims, if desired
- 12 oz coca-cola canned

Equipment

- bowl
- glass baking pan

Directions

- In medium bowl, combine margarita concentrate, tequila and lime juice; mix well.
- Spread mixture in 8-inch square (2-quart) glass baking dish. Freeze at least 5 hours or until set.
- To serve, run lime wedge around rim of each glass; dip in margarita salt. For each drink, spoon 2/3 cup frozen mixture into glass; pour 1/4 cup carbonated beverage over top.
- Garnish with lime wedges.

Nutrition Facts

PROTEIN 0.96% **FAT 0.54%** **CARBS 98.5%**

Properties

Glycemic Index:18.33, Glycemic Load:3.69, Inflammation Score:-2, Nutrition Score:0.85739130300024%

Flavonoids

Eriodictyol: 0.29mg, Eriodictyol: 0.29mg, Eriodictyol: 0.29mg, Eriodictyol: 0.29mg Hesperetin: 6.01mg, Hesperetin: 6.01mg, Hesperetin: 6.01mg, Hesperetin: 6.01mg Naringenin: 0.43mg, Naringenin: 0.43mg, Naringenin: 0.43mg, Naringenin: 0.43mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 161.82kcal (8.09%), Fat: 0.04g (0.07%), Saturated Fat: 0g (0.02%), Carbohydrates: 17.8g (5.93%), Net Carbohydrates: 17.43g (6.34%), Sugar: 15.57g (17.3%), Cholesterol: 0mg (0%), Sodium: 36.83mg (1.6%), Alcohol: 13.36g (100%), Alcohol %: 10.04% (100%), Caffeine: 4.54mg (1.51%), Protein: 0.17g (0.35%), Vitamin C: 7.28mg (8.83%), Fiber: 0.37g (1.47%), Phosphorus: 11.16mg (1.12%)