



Margaritas Maravillosos

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



15 min.

SERVINGS



5

CALORIES



207 kcal

BEVERAGE

DRINK

Ingredients

- 5 cups ice cubes
- 2 tablespoons juice of lime fresh
- 1 tablespoon lime zest freshly grated
- 12 ounce limeade concentrate frozen canned
- 1.5 fluid ounce jiggers gold tequila
- 7.5 fluid ounce jiggers triple sec
- 4 teaspoons sugar white

Equipment

blender

Directions

- Pour the frozen limeade concentrate, tequila, triple sec, lime juice, lime zest, and sugar into a blender, and blend until thoroughly mixed.
- Serve in glasses over ice. If preferred, add ice cubes to margarita mix in the blender, and blend until slushy; pour into glasses.

Nutrition Facts

 PROTEIN 0.28%  FAT 1.21%  CARBS 98.51%

Properties

Glycemic Index:23.42, Glycemic Load:2.26, Inflammation Score:-2, Nutrition Score:0.71826086031354%

Flavonoids

Eriodictyol: 0.13mg, Eriodictyol: 0.13mg, Eriodictyol: 0.13mg, Eriodictyol: 0.13mg Hesperetin: 1.05mg, Hesperetin: 1.05mg, Hesperetin: 1.05mg, Hesperetin: 1.05mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 206.67kcal (10.33%), Fat: 0.15g (0.23%), Saturated Fat: 0.05g (0.3%), Carbohydrates: 27.48g (9.16%), Net Carbohydrates: 27.43g (9.97%), Sugar: 26.63g (29.58%), Cholesterol: 0mg (0%), Sodium: 17.68mg (0.77%), Alcohol: 14.5g (100%), Alcohol %: 4.99% (100%), Caffeine: 11.53mg (3.84%), Protein: 0.08g (0.16%), Vitamin C: 4.26mg (5.16%), Copper: 0.07mg (3.55%), Magnesium: 5.61mg (1.4%), Calcium: 10.17mg (1.02%)