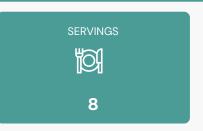


Marmalade Cake







DESSERT

Ingredients

i teaspoon double-acting baking powder
1.5 cups cake flour
0.8 cup currants dried
2 large eggs
0.5 cup grand marnier orange-flavored
0.5 teaspoon kosher salt
O.8 cup brown sugar light packed ()
2 navel oranges scrubbed

0.5 cup orange juice fresh

	3 tablespoons orange marmalade ()	
	2 tablespoons orange zest finely grated	
	1 cup sugar	
	10 tablespoons butter unsalted plus more for pan room temperature ()	
	0.5 vanilla pod split	
	0.3 cup milk whole	
	1 star anise whole	
Equipment		
	bowl	
	frying pan	
	sauce pan	
	oven	
	knife	
	wire rack	
Directions		
	Using a sharp knife,cut all rind and white pith from oranges inwide strips. Trim off any flesh still clingingto the white pith.	
	Place peel in a small heavysaucepan.	
	Add cold water to cover; bring toa boil.	
	Drain. Repeat with cold water.	
	Drain;reserve peel.	
	Combine sugar and 2 cups water in samesaucepan. Stir over medium heat until sugardissolves.	
	Add the orange peel, star anise,and vanilla bean. Bring to a boil. Reduceheat to low and simmer, partially coveredand stirring occasionally, until peel is softand syrup has thickened, 50-60 minutes.	
	Let cool slightly.	

	PROTEIN 4.38% FAT 27.85% CARBS 67.77%
	Nutrition Facts
	Remove pan sides from cake. Invertonto a serving plate. Arrange candiedorange peel over and brush with some ofsyrup, if desired.
	Let cool in pan ona wire rack. DO AHEAD: Can be made 1 dayahead. Store airtight at room temperature.
	Bake cake until a tester inserted into the center comes out clean and the top is golden, 40-45 minutes.
	Pour batter into prepared pan;smooth the top.
	Marnier not absorbed by the currants. Foldin currants.
	Add dry ingredients in 3 additions andmilk in 2 additions, beginning and endingwith dry ingredients and beating to blendbetween additions. Beat in any Grand
	Meanwhile, sift flour, baking powder, and salt into a medium bowl. Using an electric mixer, beat 10 tablespoons butter and sugar in alarge bowl until light and fluffy, about 3 minutes. Beat in orange juice, marmalade, and orange zest. Beat in eggs one at a time, blending well between additions (mixturemay look curdled).
	Remove from heat and let steep.
	Preheat oven to 350°F. Butter pan.Line with a parchment-paper round; butterpaper. Bring currants and Grand Marnier toa simmer in a small saucepan over mediumheat.
	Place in a jar, cover, and chill.
Ш	Transfer peel to a cuttingboard and thinly slice. Return peel to syrup.DO AHEAD: Can be made 1 week ahead.

Properties

Glycemic Index:43.64, Glycemic Load:32, Inflammation Score:-5, Nutrition Score:8.5321739341902%

Flavonoids

Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 9.51mg, Hesperetin: 9.51mg, Hesperetin: 9.51mg, Naringenin: 2.82mg, Naringenin: 2.82mg, Naringenin: 2.82mg, Naringenin: 2.82mg, Naringenin: 2.82mg, Naringenin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 537.19kcal (26.86%), Fat: 16.32g (25.11%), Saturated Fat: 9.62g (60.11%), Carbohydrates: 89.36g (29.79%), Net Carbohydrates: 87.17g (31.7%), Sugar: 67.39g (74.88%), Cholesterol: 85.04mg (28.35%), Sodium: 239.16mg (10.4%), Alcohol: 3.84g (100%), Alcohol %: 2.48% (100%), Caffeine: 3.84mg (1.28%), Protein: 5.78g (11.56%), Vitamin C: 31.5mg (38.18%), Selenium: 14.08µg (20.12%), Manganese: 0.29mg (14.36%), Vitamin A: 656.29IU (13.13%), Calcium: 105.79mg (10.58%), Phosphorus: 97.27mg (9.73%), Fiber: 2.19g (8.75%), Folate: 33.38µg (8.34%), Potassium: 290.56mg (8.3%), Vitamin B2: 0.14mg (8.2%), Copper: 0.14mg (7.1%), Vitamin B6: 0.12mg (6.11%), Vitamin B1: 0.09mg (6.1%), Iron: 1.06mg (5.87%), Magnesium: 22.17mg (5.54%), Vitamin B5: 0.51mg (5.06%), Vitamin E: 0.72mg (4.78%), Vitamin D: 0.6µg (3.98%), Vitamin B3: 0.75mg (3.77%), Zinc: 0.52mg (3.47%), Vitamin B12: 0.18µg (3.04%), Vitamin K: 1.82µg (1.73%)