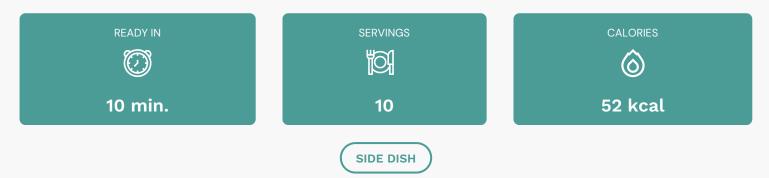


# **Marshmallow Whipped Cream**

Gluten Free



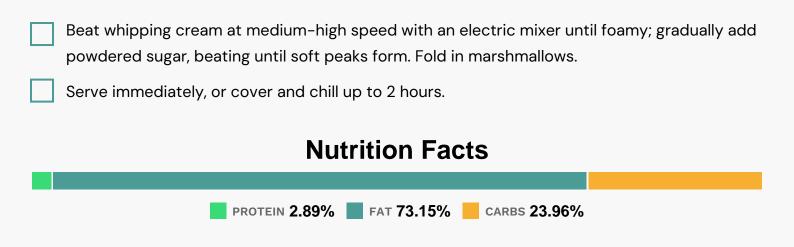
### Ingredients

- - 0.5 cup marshmallows miniature
  - 1 tablespoon powdered sugar
  - 0.5 cup whipping cream

### Equipment

hand mixer

## Directions



#### **Properties**

Glycemic Index:6.05, Glycemic Load:1.23, Inflammation Score:-1, Nutrition Score:0.50434782817636%

#### Nutrients (% of daily need)

Calories: 51.52kcal (2.58%), Fat: 4.3g (6.62%), Saturated Fat: 2.74g (17.11%), Carbohydrates: 3.17g (1.06%), Net Carbohydrates: 3.17g (1.15%), Sugar: 2.57g (2.86%), Cholesterol: 13.45mg (4.48%), Sodium: 5.23mg (0.23%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.38g (0.77%), Vitamin A: 174.93IU (3.5%), Vitamin B2: 0.02mg (1.33%), Vitamin D: 0.19µg (1.27%)