



Martini



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



2 min.

SERVINGS



1

CALORIES



188 kcal

BEVERAGE

DRINK

Ingredients

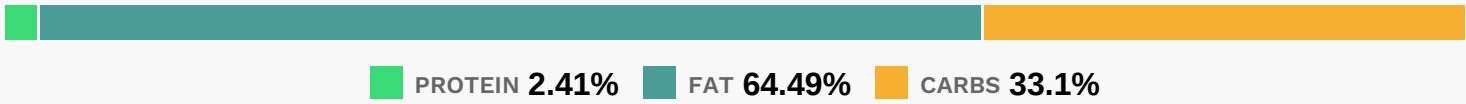
- ☐ 0.5 fluid ounce vermouth dry
- ☐ 2.5 fluid ounces hendrick's gin
- ☐ 1 olive green pitted
- ☐ 1 cup ice cubes

Equipment

Directions

- ☐
- Scoop ice into a shaker.
- ☐
- Pour in gin and vermouth. Cover shaker, and gently shake to mix vermouth and gin.
- ☐
- Pour drink, without ice, into a cocktail glass. Gently drop olive or lemon twist into the glass.
- ☐
- Serve.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:0.39043478602948%

Flavonoids

Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg

Nutrients (% of daily need)

Calories: 188.39kcal (9.42%), Fat: 0.61g (0.94%), Saturated Fat: 0.08g (0.51%), Carbohydrates: 0.71g (0.24%), Net Carbohydrates: 0.57g (0.21%), Sugar: 0.02g (0.02%), Cholesterol: 0mg (0%), Sodium: 74.97mg (3.26%), Alcohol: 26.1g (100%), Alcohol %: 10.04% (100%), Protein: 0.05g (0.1%), Copper: 0.06mg (2.91%), Vitamin E: 0.15mg (1.02%)