



Martini



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



214 kcal

BEVERAGE

DRINK

Ingredients



3 ounces hendrick's gin



1 cup ice cubes



0.5 inch lemon zest



1 olive green



0.5 ounce mirin dry

Equipment



skewers

Directions

- ☐
- In chilled cocktail shaker or pint glass, combine vermouth, gin, and ice, and stir until well chilled, about 20 seconds. Strain into chilled martini glass. Squeeze lemon peel over glass, making sure oils fall into glass, then discard peel.
- ☐
- Serve with olives on side or thread olives onto wooden skewer, place in drink, and serve.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:0.55260869326151%

Flavonoids

Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg

Nutrients (% of daily need)

Calories: 214.2kcal (10.71%), Fat: 0.62g (0.95%), Saturated Fat: 0.08g (0.51%), Carbohydrates: 0.89g (0.3%), Net Carbohydrates: 0.62g (0.23%), Sugar: 0.07g (0.08%), Cholesterol: 0mg (0%), Sodium: 75.16mg (3.27%), Alcohol: 29.75g (100%), Alcohol %: 11.06% (100%), Protein: 0.07g (0.14%), Copper: 0.06mg (3.08%), Vitamin C: 1.64mg (1.99%), Calcium: 10.88mg (1.09%), Fiber: 0.27g (1.07%), Vitamin E: 0.16mg (1.04%)