



## Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



2

CALORIES



82 kcal

BEVERAGE

DRINK

## Ingredients

- 2 swizzle sticks
- 0.3 cup hendrick's gin dry chilled
- 2 pimiento-stuffed olives
- 1 tablespoon vermouth sweet

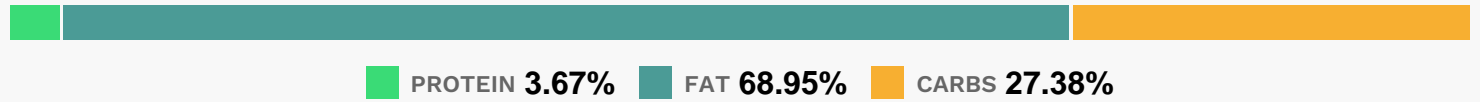
## Equipment

- skewers

## Directions

- On each swizzle stick, skewer 1 or 2 olives, then set one stick in each of 2 chilled martini glasses.
- Pour sweet vermouth into an ice-filled shaker. Fill shaker with gin, cover, and shake until blended. Divide between glasses.

## Nutrition Facts



## Properties

Glycemic Index:23.5, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:0.34217391163111%

## Flavonoids

Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

## Nutrients (% of daily need)

Calories: 81.66kcal (4.08%), Fat: 0.62g (0.95%), Saturated Fat: 0.08g (0.52%), Carbohydrates: 0.55g (0.18%), Net Carbohydrates: 0.36g (0.13%), Sugar: 0.08g (0.08%), Cholesterol: 0mg (0%), Sodium: 65.9mg (2.87%), Alcohol: 10.73g (100%), Alcohol %: 29.9% (100%), Protein: 0.07g (0.15%), Vitamin K: 1.23µg (1.17%), Vitamin E: 0.16mg (1.09%)