

## Martini Cocktails



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



10 min.

SERVINGS



4

CALORIES



130 kcal

BEVERAGE

DRINK

### Ingredients

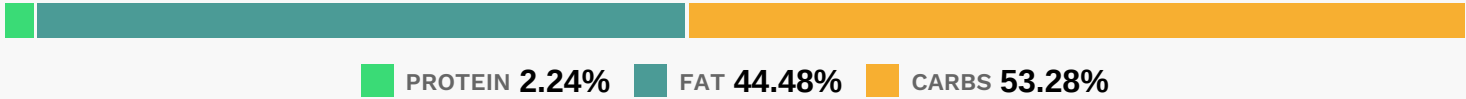
- ☐ 0.5 cup ice cubes shaved
- ☐ 0.7 cup hendrick's gin
- ☐ 0.7 cup mirin dry
- ☐ 4 olive green

### Equipment

### Directions

- ☐ Chill four 3-oz. stemmed glasses in freezer.
- ☐ To serve, place olive in each chilled glass.
- ☐ Place ice cubes in martini shaker or pitcher.
- ☐ Add gin and vermouth; shake or stir until blended.
- ☐ Pour into glasses, straining out ice.

## Nutrition Facts



## Properties

Glycemic Index:3.75, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.20913043359052%

## Flavonoids

Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg

## Nutrients (% of daily need)

Calories: 130.2kcal (6.51%), Fat: 0.61g (0.94%), Saturated Fat: 0.08g (0.51%), Carbohydrates: 1.65g (0.55%), Net Carbohydrates: 1.52g (0.55%), Sugar: 0.02g (0.02%), Cholesterol: 0mg (0%), Sodium: 64.28mg (2.79%), Alcohol: 17.16g (100%), Alcohol %: 19.15% (100%), Protein: 0.07g (0.14%), Vitamin E: 0.15mg (1.02%)