



Martini Marinade

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



4

CALORIES



91 kcal

SEASONING

MARINADE

Ingredients

- 8 garlic cloves crushed peeled
- 0.5 cup hendrick's gin dry
- 1 tablespoon lemon zest freshly grated
- 0.3 cup vermouth sweet

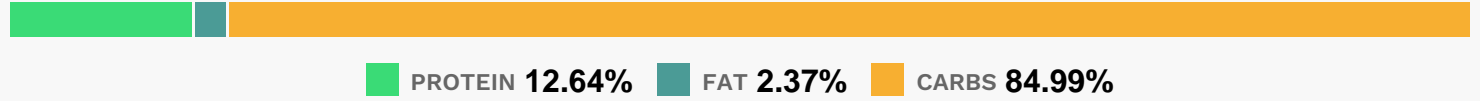
Equipment

- bowl
- whisk

Directions

In a bowl, whisk together gin, sweet vermouth, lemon zest, and garlic cloves.

Nutrition Facts



Properties

Glycemic Index:11.25, Glycemic Load:0.56, Inflammation Score:-2, Nutrition Score:1.0734782530724%

Flavonoids

Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.1mg, Myricetin: 0.1mg, Myricetin: 0.1mg, Myricetin: 0.1mg Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg

Nutrients (% of daily need)

Calories: 90.94kcal (4.55%), Fat: 0.03g (0.05%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 2.79g (0.93%), Net Carbohydrates: 2.5g (0.91%), Sugar: 0.12g (0.14%), Cholesterol: 0mg (0%), Sodium: 1.41mg (0.06%), Alcohol: 11.44g (100%), Alcohol %: 27.63% (100%), Protein: 0.41g (0.83%), Manganese: 0.11mg (5.29%), Vitamin C: 3.81mg (4.61%), Vitamin B6: 0.08mg (3.86%), Calcium: 12.87mg (1.29%), Copper: 0.03mg (1.28%), Selenium: 0.86µg (1.23%), Fiber: 0.28g (1.14%), Phosphorus: 10.56mg (1.06%)