



## Melt In Your Mouth Cookies III

 Vegetarian

READY IN



45 min.

SERVINGS



36

CALORIES



83 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- ☐ 1 cup butter
- ☐ 1 cup confectioners' sugar
- ☐ 2 cups flour all-purpose

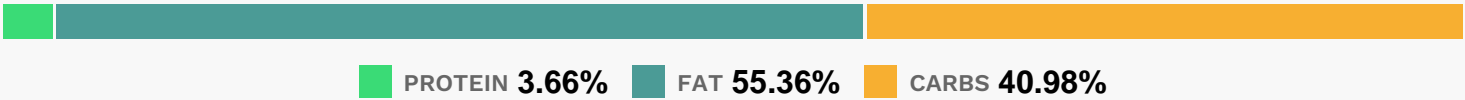
### Equipment

- ☐ baking sheet
- ☐ oven
- ☐ plastic wrap
- ☐ wax paper

## Directions

- ☐ Combine the butter, flour and confectioners' sugar together. At first it will have a pie crust consistency.
- ☐ Roll into one large log and wrap in wax paper or plastic wrap. Chill for at least one hour.
- ☐ Preheat oven to 350 degrees F (175 degrees C).
- ☐ Slice chilled log into 1/4 inch thick slices.
- ☐ Place cookies on a baking sheet.
- ☐ Bake at 350 degrees F (175 degrees C) for 10 minutes. Watch carefully so they don't burn.

## Nutrition Facts



## Properties

Glycemic Index:3.47, Glycemic Load:3.84, Inflammation Score:-1, Nutrition Score:1.1969565230867%

## Nutrients (% of daily need)

Calories: 83.46kcal (4.17%), Fat: 5.18g (7.97%), Saturated Fat: 3.25g (20.32%), Carbohydrates: 8.63g (2.88%), Net Carbohydrates: 8.44g (3.07%), Sugar: 3.28g (3.65%), Cholesterol: 13.56mg (4.52%), Sodium: 40.75mg (1.77%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.77g (1.54%), Vitamin B1: 0.05mg (3.66%), Selenium: 2.44µg (3.48%), Folate: 12.9µg (3.22%), Vitamin A: 157.58IU (3.15%), Manganese: 0.05mg (2.37%), Vitamin B2: 0.04mg (2.18%), Vitamin B3: 0.41mg (2.06%), Iron: 0.33mg (1.81%)