

Melt in Your Mouth Mint Brownies

 Dairy Free

READY IN



40 min.

SERVINGS



24

CALORIES



145 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 19.8 ounce brownie mix
- 9 ounce chocolate-covered peanuts thin

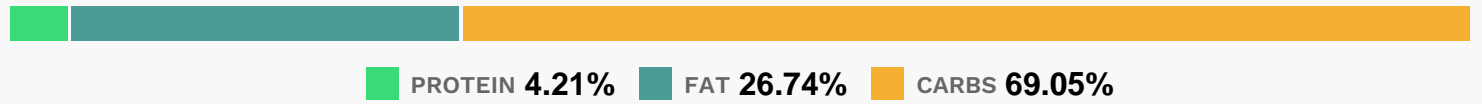
Equipment

- frying pan
- oven
- knife
- spatula

Directions

- Prepare brownie mix according to package directions.
- Spread into a 9x13 inch pan and bake as directed.
- Unwrap mint wafer candies while brownies are baking in the oven. When the brownies are done, place mint wafer candies side by side onto the top of the hot brownies and let them sit for a minute to soften. Using a knife or spatula, gently swirl melted candy over surface of brownies. Allow to cool a few hours so the candy hardens.
- Cut into bars.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:0, Nutrition Score:0.89173912410827%

Nutrients (% of daily need)

Calories: 144.6kcal (7.23%), Fat: 4.4g (6.77%), Saturated Fat: 1.71g (10.66%), Carbohydrates: 25.58g (8.53%), Net Carbohydrates: 25.26g (9.18%), Sugar: 18.21g (20.24%), Cholesterol: 0.32mg (0.11%), Sodium: 72.12mg (3.14%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.56g (3.12%), Iron: 0.84mg (4.66%), Copper: 0.04mg (1.98%), Manganese: 0.04mg (1.9%), Potassium: 54.64mg (1.56%), Phosphorus: 15.2mg (1.52%), Fiber: 0.33g (1.32%), Magnesium: 4.78mg (1.2%), Vitamin B2: 0.02mg (1.01%)