



Memaw's Lemon Sunshine Cake

 Dairy Free

READY IN



125 min.

SERVINGS



10

CALORIES



401 kcal

DESSERT

Ingredients

- 2 cups confectioners' sugar sifted
- 4 eggs
- 3 ounce lemon pudding mix instant
- 18.3 ounce lemon cake mix
- 1 tablespoon juice of lemon
- 1 teaspoon lemon zest grated
- 0.3 cup peach nectar
- 0.5 cup vegetable oil

0.5 cup sugar white

Equipment

- bowl
- frying pan
- oven
- hand mixer
- toothpicks
- cake form

Directions

- Preheat oven to 350 degrees F (175 degrees C).
- Grease and flour a 10-inch fluted tube pan (such as a Bundt®).
- Beat lemon cake mix, lemon pudding mix, white sugar, eggs, 1 cup peach nectar, and vegetable oil in a bowl with electric mixer on medium speed for 2 minutes.
- Pour batter into prepared cake pan.
- Bake in preheated oven until top of cake springs back when lightly pressed and a toothpick inserted into the middle of the cake comes out clean, about 50 minutes.
- Cool cake in the pan for 15 minutes before removing cake to finish cooling on rack.
- Mix confectioners' sugar, 1/4 cup peach nectar, lemon juice, and lemon peel in a bowl to make a smooth frosting.
- Place cake on a serving platter; poke holes in top of the cake with a fork.
- Pour frosting slowly over the cake, allowing frosting to soak into the holes and drizzle down the sides of the cake.

Nutrition Facts

 PROTEIN 4.09% FAT 11.97% CARBS 83.94%

Properties

Glycemic Index:7.01, Glycemic Load:6.98, Inflammation Score:-1, Nutrition Score:5.804347826087%

Flavonoids

Eriodictyol: 0.07mg, Eriodictyol: 0.07mg, Eriodictyol: 0.07mg, Eriodictyol: 0.07mg Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 401.04kcal (20.05%), Fat: 5.41g (8.32%), Saturated Fat: 1.72g (10.78%), Carbohydrates: 85.34g (28.45%), Net Carbohydrates: 84.68g (30.79%), Sugar: 56.71g (63.02%), Cholesterol: 65.47mg (21.82%), Sodium: 445.97mg (19.39%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.15g (8.31%), Phosphorus: 195.82mg (19.58%), Vitamin B2: 0.21mg (12.34%), Calcium: 120.52mg (12.05%), Folate: 43.84 μ g (10.96%), Selenium: 7.27 μ g (10.38%), Vitamin B1: 0.13mg (8.75%), Iron: 1.43mg (7.92%), Vitamin B3: 1.22mg (6.1%), Vitamin E: 0.86mg (5.73%), Manganese: 0.11mg (5.43%), Vitamin K: 5.64 μ g (5.37%), Vitamin B5: 0.47mg (4.68%), Vitamin B6: 0.07mg (3.68%), Vitamin B12: 0.21 μ g (3.47%), Copper: 0.06mg (2.79%), Fiber: 0.66g (2.65%), Zinc: 0.37mg (2.49%), Vitamin D: 0.35 μ g (2.35%), Vitamin A: 111.29IU (2.23%), Magnesium: 7.99mg (2%), Potassium: 53.44mg (1.53%), Vitamin C: 0.84mg (1.02%)