



Merry Cherry Fudgies

READY IN



140 min.

SERVINGS



24

CALORIES



99 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.3 cup butter softened
- ☐ 3 oz cream cheese softened
- ☐ 0.8 cup flour all-purpose
- ☐ 0.3 cup powdered sugar
- ☐ 2 tablespoons cocoa powder unsweetened
- ☐ 0.5 teaspoon vanilla
- ☐ 0.7 cup sugar
- ☐ 0.3 cup cocoa powder unsweetened
- ☐ 0.3 cup maraschino cherries red drained finely chopped for glaze well

- ☐ 2 tablespoons butter softened
- ☐ 1 eggs
- ☐ 0.5 cup powdered sugar
- ☐ 1 teaspoons maraschino cherries green red
- ☐ 1 serving maraschino cherries green red drained finely chopped well

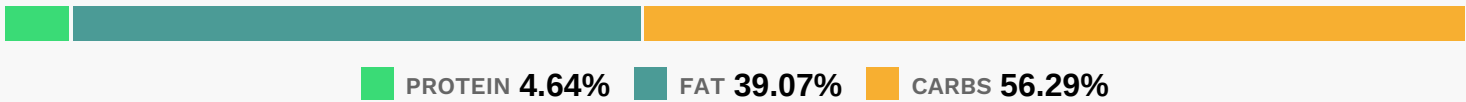
Equipment

- ☐ oven
- ☐ knife
- ☐ wire rack
- ☐ muffin liners

Directions

- ☐ Heat oven to 350°F.
- ☐ Mix 1/4 cup butter and cream cheese. Stir in flour, 1/4 cup powdered sugar, 2 tablespoons cocoa and the vanilla. Divide into 24 pieces. Press in bottom and side of 24 ungreased small muffin cups, 1 3/4x1 inch.
- ☐ Mix filling ingredients. Spoon 2 teaspoons into each.
- ☐ Bake 18 to 20 minutes. Cool 1 hour.
- ☐ Loosen cookies with tip of knife.
- ☐ Remove to cooling rack.
- ☐ Mix 1/2 cup powdered sugar and cherry juice.
- ☐ Drizzle over cookies; sprinkle with additional chopped cherries if desired.

Nutrition Facts



Properties

Glycemic Index:7.17, Glycemic Load:6.09, Inflammation Score:-2, Nutrition Score:1.7769565469707%

Flavonoids

Catechin: 1.04mg, Catechin: 1.04mg, Catechin: 1.04mg, Catechin: 1.04mg Epicatechin: 3.16mg, Epicatechin: 3.16mg, Epicatechin: 3.16mg, Epicatechin: 3.16mg Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg

Nutrients (% of daily need)

Calories: 99.27kcal (4.96%), Fat: 4.52g (6.95%), Saturated Fat: 1.5g (9.38%), Carbohydrates: 14.65g (4.88%), Net Carbohydrates: 13.86g (5.04%), Sugar: 10.52g (11.69%), Cholesterol: 10.4mg (3.47%), Sodium: 47.7mg (2.07%), Alcohol: 0.03g (100%), Alcohol %: 0.14% (100%), Caffeine: 3.71mg (1.24%), Protein: 1.21g (2.41%), Manganese: 0.09mg (4.51%), Vitamin A: 185.1IU (3.7%), Copper: 0.07mg (3.67%), Selenium: 2.48µg (3.55%), Fiber: 0.79g (3.17%), Iron: 0.46mg (2.55%), Vitamin B2: 0.04mg (2.52%), Phosphorus: 24.37mg (2.44%), Magnesium: 9.67mg (2.42%), Vitamin B1: 0.03mg (2.26%), Folate: 8.88µg (2.22%), Vitamin B3: 0.27mg (1.36%), Zinc: 0.19mg (1.25%), Vitamin E: 0.16mg (1.1%), Potassium: 38.27mg (1.09%)