



Messy Sleepover Snacks

READY IN



15 min.

SERVINGS



6

CALORIES



1360 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 0.3 cup butter
- 0.8 cup chocolate chips
- 0.8 cup nutella such as nutella
- 10 cups combination of corn
- 0.8 cup creamy peanut butter
- 1 cup chocolate coated candies such as m and m's
- 3 cups powdered sugar
- 2 cups pretzels miniature
- 0.5 teaspoon salt

1 tablespoon vanilla extract

Equipment

bowl

baking sheet

microwave

Directions

Place the cereal in a very large stainless steel bowl and set aside.

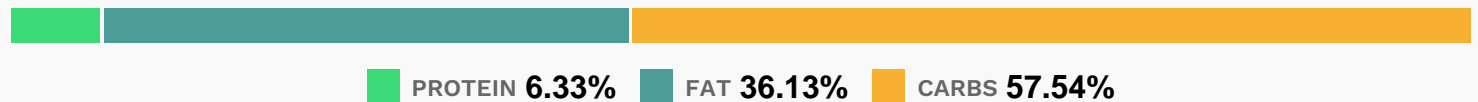
In a medium microwave-safe bowl, add the chocolate chips, hazelnut spread, peanut butter and butter. Microwave for a minute, then stir. Microwave 30 seconds longer and stir until smooth. Keep going until it's all melted, being careful not to burn. Stir in the vanilla and salt. Then pour the chocolate mixture over the cereal, tossing to evenly coat.

Spoon the mixture into a 2-gallon resealable ziptop bag along with the powdered sugar. Shake the bag until the cereal is evenly coated. Then add the pretzels and candies, seal and shake the bag again.

Pour onto baking sheets to set/cool.

Serve in bowls.

Nutrition Facts



Properties

Glycemic Index:38.64, Glycemic Load:50.57, Inflammation Score:-8, Nutrition Score:25.783043394918%

Nutrients (% of daily need)

Calories: 1360.05kcal (68%), Fat: 57g (87.7%), Saturated Fat: 30.03g (187.71%), Carbohydrates: 204.22g (68.07%), Net Carbohydrates: 192.64g (70.05%), Sugar: 129.38g (143.75%), Cholesterol: 32.31mg (10.77%), Sodium: 786.81mg (34.21%), Alcohol: 0.75g (100%), Alcohol %: 0.19% (100%), Protein: 22.47g (44.94%), Manganese: 1.48mg (74.18%), Vitamin B3: 10.19mg (50.94%), Fiber: 11.58g (46.3%), Phosphorus: 401.25mg (40.13%), Magnesium: 153.49mg (38.37%), Vitamin E: 5.45mg (36.31%), Folate: 140.66µg (35.17%), Potassium: 1025.27mg (29.29%), Vitamin B1: 0.43mg (28.6%), Iron: 5.05mg (28.03%), Vitamin B6: 0.55mg (27.57%), Vitamin B5: 2.61mg (26.13%), Copper: 0.48mg (24.23%), Vitamin B2: 0.38mg (22.23%), Vitamin A: 1068.96IU (21.38%), Zinc: 3.11mg (20.7%), Vitamin C:

14.88mg (18.04%), Calcium: 131.47mg (13.15%), Selenium: 4.85µg (6.92%), Vitamin K: 3.47µg (3.3%), Vitamin B12:
0.12µg (2.04%)