



Mexican Margaritas

 **Gluten Free**  **Dairy Free**  **Low Fod Map**

READY IN



165 min.

SERVINGS



12

CALORIES



141 kcal

BEVERAGE

DRINK

Ingredients

- 0.5 cup coarse salt
- 8 cups ice crushed
- 1 cup juice of lime
- 2 lime cut into wedges, if desired
- 1.3 cups pear liqueur orange-flavored
- 2 tablespoons powdered sugar
- 0.7 cup tequila

Equipment

food processor

blender

Directions

In blender or food processor, place orange liqueur, lime juice, powdered sugar and ice. Cover; blend until smooth. Spoon into nonmetal freezer container. Cover; freeze until almost firm, 2 to 2 1/2 hours.

To serve, if mixture freezes completely, let stand at room temperature about 30 minutes. Rub rims of glasses with lime wedges; dip in salt to coat.

Into blender or food processor, spoon orange liqueur mixture; blend until slushy.

Place 1/2 cup slush in each salt-rimmed glass; add 1 to 2 tablespoons tequila.

Garnish with lime wedges.

Nutrition Facts

 PROTEIN 1.1%  FAT 0.56%  CARBS 98.34%

Properties

Glycemic Index:3.92, Glycemic Load:0.28, Inflammation Score:-2, Nutrition Score:1.100434805712%

Flavonoids

Eriodictyol: 0.44mg, Eriodictyol: 0.44mg, Eriodictyol: 0.44mg, Eriodictyol: 0.44mg Hesperetin: 6.61mg, Hesperetin: 6.61mg, Hesperetin: 6.61mg, Hesperetin: 6.61mg Naringenin: 0.46mg, Naringenin: 0.46mg, Naringenin: 0.46mg, Naringenin: 0.46mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

Nutrients (% of daily need)

Calories: 141.08kcal (7.05%), Fat: 0.04g (0.06%), Saturated Fat: 0g (0.03%), Carbohydrates: 14.53g (4.84%), Net Carbohydrates: 14.14g (5.14%), Sugar: 12.06g (13.41%), Cholesterol: 0mg (0%), Sodium: 4724.23mg (205.4%), Alcohol: 15.06g (100%), Alcohol %: 7.88% (100%), Protein: 0.16g (0.33%), Vitamin C: 9.3mg (11.27%), Copper: 0.04mg (2.22%), Fiber: 0.39g (1.57%), Calcium: 14.17mg (1.42%), Potassium: 36.25mg (1.04%)