



Midori Bundt Cake

READY IN



65 min.

SERVINGS



12

CALORIES



410 kcal

DESSERT

Ingredients

- ☐ 2 tablespoon butter
- ☐ 0.5 cup canola oil
- ☐ 0.5 tsp coconut flavoring
- ☐ 0.5 tsp coconut extract
- ☐ 0.5 cup cream cheese
- ☐ 4 large eggs
- ☐ 4 serving pistachio pudding mix instant
- ☐ 0.8 cup midori liquor
- ☐ 0.5 cup midori

- ☐ 2 cups powdered sugar
- ☐ 0.5 cup cup heavy whipping cream sour
- ☐ 18.3 oz duncan hines classic cake mix yellow

Equipment

- ☐ kugelhopf pan

Directions

- ☐ Beat all ingredients for 4 minutes at medium speed
- ☐ Pour into well-greased and floured Bundt pan.
- ☐ Mix and beat at high speed until smooth and spreadable. Glaze while cake is still warm
- ☐ Garnish with Jelly beans to suit the occasion. For instance, on St. Patrick’s Day try white, dark green and light green jelly beans.
- ☐ Sprinkles are also an excellent idea.

Nutrition Facts



Properties

Glycemic Index:8.5, Glycemic Load:0.14, Inflammation Score:-3, Nutrition Score:5.8578260767719%

Nutrients (% of daily need)

Calories: 410.23kcal (20.51%), Fat: 12.06g (18.56%), Saturated Fat: 5.59g (34.95%), Carbohydrates: 60.07g (20.02%), Net Carbohydrates: 59.59g (21.67%), Sugar: 42.36g (47.07%), Cholesterol: 82.22mg (27.41%), Sodium: 375.51mg (16.33%), Alcohol: 6.72g (100%), Alcohol %: 6.27% (100%), Protein: 4.88g (9.76%), Phosphorus: 199.27mg (19.93%), Selenium: 10.14µg (14.49%), Vitamin B2: 0.21mg (12.53%), Calcium: 123.44mg (12.34%), Folate: 39.52µg (9.88%), Vitamin B1: 0.11mg (7.03%), Vitamin E: 1.05mg (6.99%), Vitamin A: 335.05IU (6.7%), Iron: 1.17mg (6.5%), Vitamin B3: 1.06mg (5.31%), Manganese: 0.1mg (4.99%), Vitamin B5: 0.47mg (4.71%), Zinc: 0.5mg (3.35%), Vitamin B12: 0.19µg (3.22%), Vitamin K: 3.05µg (2.91%), Copper: 0.06mg (2.78%), Vitamin B6: 0.05mg (2.5%), Vitamin D: 0.33µg (2.22%), Potassium: 75.95mg (2.17%), Magnesium: 8.64mg (2.16%), Fiber: 0.48g (1.91%)