

Mike Romanoff



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



137 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 teaspoon apricots
- ☐ 1 tablespoon juice of lime fresh
- ☐ 2 ounces vodka
- ☐ 1 teaspoon frangelico
- ☐ 1 teaspoon frangelico

Equipment

Directions

☐ In cocktail shaker filled with ice, combine vodka, Cointreau, apricot liqueur, and lime juice. Cover, shake vigorously, and strain into cocktail glass.

Nutrition Facts



PROTEIN 6.57% **FAT 3.33%** **CARBS 90.1%**

Properties

Glycemic Index:56.67, Glycemic Load:0.19, Inflammation Score:-3, Nutrition Score:0.67521739775396%

Flavonoids

Catechin: 0.18mg, Catechin: 0.18mg, Catechin: 0.18mg, Catechin: 0.18mg Epicatechin: 0.23mg, Epicatechin: 0.23mg, Epicatechin: 0.23mg, Epicatechin: 0.23mg Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg Hesperetin: 1.35mg, Hesperetin: 1.35mg, Hesperetin: 1.35mg, Hesperetin: 1.35mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg

Nutrients (% of daily need)

Calories: 137.09kcal (6.85%), Fat: 0.03g (0.05%), Saturated Fat: 0g (0.02%), Carbohydrates: 1.81g (0.6%), Net Carbohydrates: 1.65g (0.6%), Sugar: 0.71g (0.79%), Cholesterol: 0mg (0%), Sodium: 0.92mg (0.04%), Alcohol: 18.94g (100%), Alcohol %: 31.32% (100%), Protein: 0.13g (0.26%), Vitamin C: 4.99mg (6.05%), Vitamin A: 102.43IU (2.05%)