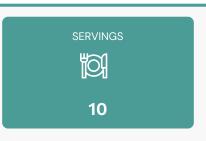


Milk Chocolate Bar Cake







DESSERT

Ingredients

8 ounce cream cheese softened	
1.5 ounce milk chocolate candy bars	with almonds, divided

18.3 ounce swiss chocolate cake mix

0.5 cup granulated sugar

1 cup powdered sugar

12 ounce non-dairy whipped topping frozen thawed

Equipment

oven

Directions			
	Prepare cake batter according to package directions.		
	Pour into 3 greased and floured 8-inch round cakepans.		
	Bake at 325 for 20 to 25 minutes or until a wooden pick inserted in center comes out clean. Cool in pans on wire racks 10 minutes.		
	Remove from pans, and cool completely on wire racks.		
	Beat cream cheese, powdered sugar, and granulated sugar at medium speed with an electric mixer until mixture is creamy.		
	Chop 8 candy bars finely. Fold cream cheese mixture and chopped candy into whipped topping.		
	Spread icing between layers and on top and sides of cake. Chop remaining 2 candy bars.		
	Sprinkle half of chopped candy bars over cake. Press remaining chopped candy along bottom edge of cake.		
	Note: For testing purposes only, we used Duncan Hines Swiss Chocolate Cake		
	Mix and Hershey's Milk Chocolate Bars with Almonds.		
Nutrition Facts			
PROTEIN 4.46% FAT 38.87% CARBS 56.67%			

Properties

hand mixer

Glycemic Index:13.97, Glycemic Load:8.31, Inflammation Score:-4, Nutrition Score:6.8439130575761%

Nutrients (% of daily need)

Calories: 483.76kcal (24.19%), Fat: 21.82g (33.56%), Saturated Fat: 10.97g (68.55%), Carbohydrates: 71.55g (23.85%), Net Carbohydrates: 70.08g (25.48%), Sugar: 52.6g (58.45%), Cholesterol: 23.59mg (7.86%), Sodium: 523.57mg (22.76%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 8.5mg (2.83%), Protein: 5.63g (11.27%), Phosphorus: 195.38mg (19.54%), Iron: 2.52mg (13.98%), Selenium: 9.43µg (13.48%), Calcium: 125mg (12.5%), Copper: 0.24mg (12.02%), Vitamin B2: 0.18mg (10.59%), Folate: 35.27µg (8.82%), Magnesium: 33.54mg (8.39%), Potassium: 247.8mg (7.08%), Manganese: 0.14mg (6.99%), Vitamin B1: 0.1mg (6.72%), Vitamin A: 331.31lU (6.63%), Vitamin E: 0.95mg (6.34%), Fiber: 1.48g (5.9%), Vitamin B3: 0.91mg (4.55%), Zinc: 0.63mg (4.18%), Vitamin K: 3.8µg (3.62%), Vitamin B6: 0.04mg (2.08%), Vitamin B5: 0.2mg (2.03%), Vitamin B12: 0.12µg (1.97%)