

Milky Way® Cupcake Icing



Vegetarian



Gluten Free

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READY IN

ready

10 min.

SERVINGS

servings

15

CALORIES

calories

161 kcal

DESSERT

Ingredients

- ☐ 0.3 cup butter
- ☐ 1.3 cups confectioners' sugar
- ☐ 8.2 ounce bars milk chocolate covered caramel and nougat candy bars
- ☐ 1 tablespoon milk
- ☐ 2 teaspoons vanilla extract

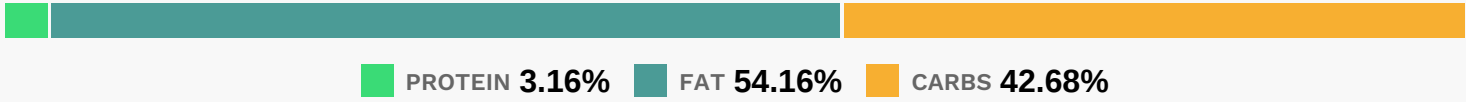
Equipment

- ☐ bowl
- ☐ microwave

Directions

- ☐ Place candy bars, butter, milk and vanilla in a microwave safe bowl and microwave on High for 30 seconds; stir.
- ☐ Heat for an additional 10 seconds, remove the bowl from the mircrowave and stir again.
- ☐ Add confectioners' sugar and stir until smooth and creamy.

Nutrition Facts



Properties

Glycemic Index:7.4, Glycemic Load:1.27, Inflammation Score:-2, Nutrition Score:3.4143478134242%

Nutrients (% of daily need)

Calories: 160.84kcal (8.04%), Fat: 9.71g (14.93%), Saturated Fat: 5.76g (35.99%), Carbohydrates: 17.21g (5.74%), Net Carbohydrates: 15.52g (5.64%), Sugar: 13.62g (15.13%), Cholesterol: 8.72mg (2.91%), Sodium: 28.05mg (1.22%), Alcohol: 0.18g (100%), Alcohol %: 0.75% (100%), Caffeine: 12.4mg (4.13%), Protein: 1.27g (2.55%), Manganese: 0.3mg (15.18%), Copper: 0.27mg (13.74%), Iron: 1.85mg (10.29%), Magnesium: 35.59mg (8.9%), Fiber: 1.69g (6.76%), Phosphorus: 49.68mg (4.97%), Zinc: 0.52mg (3.48%), Potassium: 114.21mg (3.26%), Vitamin A: 102.21IU (2.04%), Selenium: 1.17µg (1.67%), Calcium: 13.61mg (1.36%), Vitamin K: 1.4µg (1.33%), Vitamin E: 0.18mg (1.2%), Vitamin B2: 0.02mg (1.01%)