

Million Dollar Pound Cake

🕭 Vegetarian



Ingredients

- 0.5 teaspoon almond extract
- 1 cup butter softened
- 3 large eggs
- 0.5 cup milk
- 1.5 cups sugar
- 0.5 teaspoon vanilla extract
 - 2 cups flour all-purpose

Equipment

	frying pan
	oven
	wire rack
	cake form
	stand mixer
Directions	
	Preheat oven to 30
	Beat butter at medium speed with a heavy-duty electric stand mixer until creamy. Gradually add sugar, beating 3 to 5 minutes or until light and fluffy.
	Add eggs, 1 at a time, beating just until yellow disappears.
	Add flour to butter mixture alternately with milk, beginning and ending with flour. Beat at low speed just until blended after each addition. Stir in extracts.
	Pour into a lightly greased and floured 9-inch round cake pan.
	Bake at 300 for 50 to 60 minutes or until a wooden pick inserted in center comes out clean. Cool in pan on a wire rack 10 minutes.
	Remove from pan to wire rack; cool completely (about 1 hour).

Nutrition Facts

📕 PROTEIN 5.01% 📕 FAT 45.8% 📒 CARBS 49.19%

Properties

Glycemic Index:15.54, Glycemic Load:23.31, Inflammation Score:-3, Nutrition Score:4.0773912616398%

Nutrients (% of daily need)

Calories: 266.12kcal (13.31%), Fat: 13.71g (21.1%), Saturated Fat: 8.27g (51.68%), Carbohydrates: 33.13g (11.04%), Net Carbohydrates: 32.68g (11.88%), Sugar: 20.48g (22.75%), Cholesterol: 70.71mg (23.57%), Sodium: 115.16mg (5.01%), Alcohol: 0.09g (100%), Alcohol %: 0.17% (100%), Protein: 3.38g (6.75%), Selenium: 9.15µg (13.07%), Vitamin B1: 0.14mg (9.34%), Folate: 35.65µg (8.91%), Vitamin A: 445.36IU (8.91%), Vitamin B2: 0.15mg (8.73%), Manganese: 0.12mg (5.91%), Iron: 0.96mg (5.34%), Vitamin B3: 1.01mg (5.04%), Phosphorus: 49.66mg (4.97%), Vitamin E: 0.47mg (3.13%), Vitamin B5: 0.27mg (2.73%), Vitamin B12: 0.16µg (2.64%), Calcium: 21.97mg (2.2%), Zinc: 0.29mg (1.97%), Vitamin D: 0.29µg (1.93%), Fiber: 0.45g (1.8%), Copper: 0.03mg (1.64%), Magnesium: 6.18mg (1.54%), Vitamin B6: 0.03mg (1.49%), Potassium: 48.26mg (1.38%), Vitamin K: 1.16µg (1.11%)