



Mimosa

 Vegetarian  Vegan  Gluten Free  Dairy Free  Popular

READY IN



2 min.

SERVINGS



2

CALORIES



57 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.8 cup champagne chilled
- 0.3 cup orange juice

Equipment

Directions

- Mix three parts of your favorite sparkling white to one part of your favorite orange juice. Enjoy!

Nutrition Facts

PROTEIN 5.96% FAT 2.98% CARBS 91.06%

Properties

Glycemic Index:26, Glycemic Load:1.64, Inflammation Score:-4, Nutrition Score:1.8982608997789%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 3.7mg, Hesperetin: 3.7mg, Hesperetin: 3.7mg, Hesperetin: 3.7mg Naringenin: 0.66mg, Naringenin: 0.66mg, Naringenin: 0.66mg, Naringenin: 0.66mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 57.31kcal (2.87%), Fat: 0.06g (0.1%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 4.26g (1.42%), Net Carbohydrates: 4.2g (1.53%), Sugar: 3.62g (4.02%), Cholesterol: 0mg (0%), Sodium: 6.51mg (0.28%), Alcohol: 5.66g (100%), Alcohol %: 6.01% (100%), Protein: 0.28g (0.56%), Vitamin C: 15.5mg (18.79%), Potassium: 139.88mg (4%), Magnesium: 12.26mg (3.07%), Folate: 10.19µg (2.55%), Iron: 0.42mg (2.31%), Vitamin B1: 0.03mg (1.86%), Phosphorus: 18.55mg (1.85%), Vitamin B6: 0.03mg (1.5%), Vitamin A: 62IU (1.24%), Copper: 0.02mg (1.17%), Calcium: 11.38mg (1.14%), Vitamin B2: 0.02mg (1.07%), Vitamin B3: 0.21mg (1.06%)