



## Mimosa

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



132 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- 6 tablespoons champagne chilled
- 1 serving cranberry-orange relish fresh
- 6 tablespoons orange juice chilled

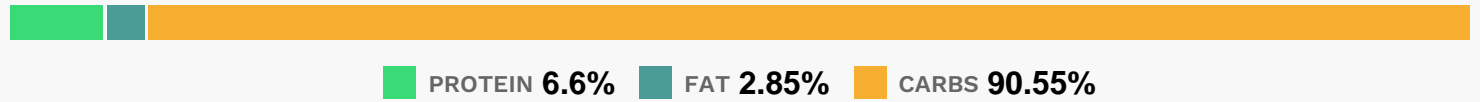
## Equipment

## Directions

- In tall glass, pour orange juice and champagne.

Garnish with orange wedge.

## Nutrition Facts



### Properties

Glycemic Index:94.5, Glycemic Load:9.01, Inflammation Score:-8, Nutrition Score:8.9343478721769%

### Flavonoids

Eriodictyol: 0.17mg, Eriodictyol: 0.17mg, Eriodictyol: 0.17mg, Eriodictyol: 0.17mg Hesperetin: 36.71mg, Hesperetin: 36.71mg, Hesperetin: 36.71mg, Hesperetin: 36.71mg Naringenin: 15.97mg, Naringenin: 15.97mg, Naringenin: 15.97mg, Naringenin: 15.97mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.19mg, Myricetin: 0.19mg, Myricetin: 0.19mg, Myricetin: 0.19mg Quercetin: 0.66mg, Quercetin: 0.66mg, Quercetin: 0.66mg, Quercetin: 0.66mg

### Nutrients (% of daily need)

Calories: 132.3kcal (6.61%), Fat: 0.31g (0.48%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 22.28g (7.43%), Net Carbohydrates: 19.92g (7.24%), Sugar: 18.02g (20.02%), Cholesterol: 0mg (0%), Sodium: 7.32mg (0.32%), Alcohol: 5.76g (100%), Alcohol %: 2.59% (100%), Protein: 1.62g (3.25%), Vitamin C: 98.88mg (119.85%), Folate: 58.5µg (14.63%), Potassium: 446.1mg (12.75%), Vitamin B1: 0.17mg (11.34%), Fiber: 2.36g (9.46%), Vitamin A: 406.5IU (8.13%), Magnesium: 29.22mg (7.3%), Vitamin B6: 0.11mg (5.64%), Calcium: 55.32mg (5.53%), Copper: 0.1mg (4.76%), Vitamin B2: 0.08mg (4.45%), Phosphorus: 43.44mg (4.34%), Vitamin B5: 0.42mg (4.19%), Vitamin B3: 0.75mg (3.76%), Iron: 0.65mg (3.63%), Manganese: 0.04mg (1.84%), Vitamin E: 0.2mg (1.35%), Zinc: 0.19mg (1.24%), Selenium: 0.73µg (1.05%)