



Mini Cheese Balls

 Gluten Free

READY IN



135 min.

SERVINGS



18

CALORIES



111 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 4 slices oscar mayer bacon cooked finely chopped
- 8 oz philadelphia chive & onion cream cheese spread
- 0.5 tsp garlic powder
- 0.5 tsp penzey's southwest seasoning dried italian
- 8 oz mozzarella cheese shredded kraft
- 0.5 cup planters walnuts toasted

Equipment

- bowl

Directions

- Mix cream cheese spread and mozzarella in medium bowl until blended. Stir in bacon and seasonings.
- Shape into 54 balls, using 1 tsp. cheese mixture for each.
- Roll in nuts.
- Refrigerate 2 hours.

Nutrition Facts

PROTEIN 16.81% **FAT 77.25%** **CARBS 5.94%**

Properties

Glycemic Index:3.17, Glycemic Load:0.12, Inflammation Score:-2, Nutrition Score:2.4873912731267%

Flavonoids

Cyanidin: 0.09mg, Cyanidin: 0.09mg, Cyanidin: 0.09mg, Cyanidin: 0.09mg

Nutrients (% of daily need)

Calories: 111.11kcal (5.56%), Fat: 9.61g (14.78%), Saturated Fat: 4.26g (26.64%), Carbohydrates: 1.66g (0.55%), Net Carbohydrates: 1.42g (0.51%), Sugar: 0.61g (0.68%), Cholesterol: 20.99mg (7%), Sodium: 169.96mg (7.39%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.7g (9.41%), Calcium: 83.04mg (8.3%), Phosphorus: 63.32mg (6.33%), Manganese: 0.12mg (5.93%), Vitamin B12: 0.31µg (5.2%), Selenium: 3.31µg (4.72%), Vitamin A: 208.18IU (4.16%), Zinc: 0.53mg (3.53%), Copper: 0.06mg (2.79%), Vitamin B2: 0.04mg (2.64%), Magnesium: 8.44mg (2.11%), Vitamin B1: 0.03mg (1.92%), Vitamin B6: 0.04mg (1.85%), Vitamin B3: 0.25mg (1.25%), Iron: 0.19mg (1.07%), Folate: 4.23µg (1.06%), Potassium: 35.25mg (1.01%)