

Mini Lemon Pound Cakes



0.3 cup powdered sugar





DESSERT

Ingredients

| 0.8 cup butter softened |
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| 4 oz cream cheese softened (half of 8-oz package) |
| 1.5 cups granulated sugar |
| 3 eggs |
| 1.5 cups flour all-purpose |
| O.1 teaspoon salt |
| 2 teaspoons lemon zest grated |
| 2 tablespoons juice of lemon fresh |

| Equipment | | |
|-----------------|---|--|
| | bowl | |
| | oven | |
| | hand mixer | |
| | toothpicks | |
| | muffin liners | |
| Directions | | |
| | Heat oven to 350°F. | |
| | Place mini paper baking cup in each of 60 mini muffin cups; spray paper cups with cooking spray. | |
| | In large bowl, beat butter and cream cheese with electric mixer on medium speed 2 minutes or until light and fluffy. Gradually add granulated sugar, beating until blended. Beat on medium speed 5 minutes. | |
| | Add eggs, one at a time, beating just until blended after each addition. On low speed, beat in flour and salt until smooth. Beat in lemon peel and juice. Divide batter evenly among muffin cups. | |
| | Bake 15 to 17 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans to cooling racks. Cool completely. | |
| | Sprinkle cakes with powdered sugar before serving. | |
| Nutrition Facts | | |
| | PROTEIN 4.66% FAT 44.94% CARBS 50.4% | |

Properties

Glycemic Index:2.87, Glycemic Load:5.24, Inflammation Score:-1, Nutrition Score:0.88086955913383%

Flavonoids

Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Hesperetin: 0.07mg, Hesperetin: 0.07mg, Hesperetin: 0.07mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 62.87kcal (3.14%), Fat: 3.19g (4.91%), Saturated Fat: 0.93g (5.81%), Carbohydrates: 8.05g (2.68%), Net Carbohydrates: 7.96g (2.9%), Sugar: 5.58g (6.2%), Cholesterol: 10.09mg (3.36%), Sodium: 40.79mg (1.77%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 0.74g (1.49%), Vitamin A: 138.82IU (2.78%), Selenium: 1.93µg (2.76%), Vitamin B2: 0.03mg (1.89%), Folate: 7.06µg (1.76%), Vitamin B1: 0.03mg (1.75%), Manganese: 0.02mg (1.12%), Iron: 0.19mg (1.05%), Phosphorus: 10.45mg (1.05%)