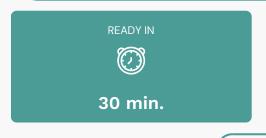


Mini Maraschino Cherry Muffins







MORNING MEAL

BRUNCH

BREAKFAST

Ingredients

O.3 cup granulated sugar
O.3 cup butter melted
O.5 cup milk
1 eggs
1 cup flour all-purpose
1 teaspoon double-acting baking powder
O.3 teaspoon salt
0.3 cup maraschino cherries chopped

0.3 cup blanched almonds and chopped

П	0.5 cup powdered sugar	
	3 teaspoons maraschino cherries	
	_	
Eq	uipment	
	bowl	
	frying pan	
	oven	
	whisk	
	wire rack	
	muffin liners	
D:	rections	
ווט	ections	
Ш	Heat oven to 400°F. Grease bottoms only of 24 miniature (1 3/4x1-inch) muffin cups or 12 regular-size muffin cups with shortening or cooking spray, or line with paper baking cups.	
	In medium bowl, beat granulated sugar, butter, milk and egg with fork or wire whisk until well blended. Stir in flour, baking powder and salt just until flour is moistened. Fold in cherries and almonds. Divide batter evenly among muffin cups (cups will be full).	
	Bake 10 to 15 minutes or until golden brown.	
	Meanwhile, in small bowl, mix glaze ingredients until smooth and thin enough to drizzle. Immediately remove muffins from pan to cooling rack.	
	Drizzle glaze over warm muffins.	
	Serve warm if desired.	
Nutrition Facts		
Nutrition racts		
	PROTEIN 6.65% FAT 35.95% CARBS 57.4%	
Properties		
Glycemic Index:11.46, Glycemic Load:4.46, Inflammation Score:-1, Nutrition Score:1.647391297652%		

Nutrients (% of daily need)

Calories: 73.59kcal (3.68%), Fat: 2.99g (4.6%), Saturated Fat: 0.61g (3.8%), Carbohydrates: 10.74g (3.58%), Net Carbohydrates: 10.35g (3.76%), Sugar: 6.36g (7.07%), Cholesterol: 7.43mg (2.48%), Sodium: 69.3mg (3.01%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.24g (2.49%), Selenium: 2.5µg (3.57%), Vitamin B1: 0.05mg (3.15%), Vitamin B2: 0.05mg (3.07%), Manganese: 0.06mg (3.04%), Folate: 11.05µg (2.76%), Vitamin E: 0.41mg (2.73%), Phosphorus: 24.96mg (2.5%), Calcium: 23.8mg (2.38%), Vitamin A: 104.56IU (2.09%), Iron: 0.35mg (1.97%), Vitamin B3: 0.36mg (1.8%), Fiber: 0.39g (1.58%), Magnesium: 5.74mg (1.43%), Copper: 0.03mg (1.41%)