



Mini Tiramisù Éclairs

READY IN



45 min.

SERVINGS



24

CALORIES



134 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 tablespoon butter
- 2 tablespoons chocolate syrup
- 2 tablespoons granulated sugar
- 2 teaspoons coffee granules instant
- 6 ounce ladyfingers split
- 8 ounce mascarpone cheese
- 1.5 cups powdered sugar divided
- 0.5 cup semisweet chocolate morsels
- 0.3 cup water hot

1 tablespoon whipping cream

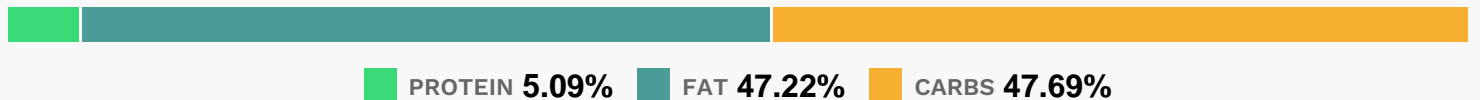
Equipment

microwave

Directions

- Stir together first 3 ingredients until sugar is dissolved; set aside 2 tablespoons mixture.
- Brush cut sides of ladyfingers evenly with remaining coffee mixture.
- Stir together mascarpone cheese, 1/2 cup powdered sugar, and chocolate syrup until blended. Spoon or pipe mascarpone cheese mixture evenly onto 24 cut sides of ladyfinger halves; top with remaining ladyfinger halves, cut sides down.
- Microwave chocolate morsels, butter, and cream at HIGH 30 seconds or until melted, stirring twice.
- Place chocolate mixture in a small heavy-duty zip-top bag; seal bag. Snip a tiny hole in 1 corner of bag, and drizzle over eclairs.
- Let stand until firm.
- Stir together reserved coffee mixture and remaining 1 cup powdered sugar, stirring until blended.
- Place coffee-powdered sugar mixture in a small heavy-duty zip-top bag; seal bag. Snip a tiny hole in 1 corner of bag.
- Drizzle eclairs evenly with coffee-powdered sugar mixture.
- Place on a serving platter, cake stand, or in candy boxes, if desired.
- *1 (8-ounce) package cream cheese, softened, may be substituted.

Nutrition Facts



Properties

Glycemic Index:5, Glycemic Load:0.7, Inflammation Score:-1, Nutrition Score:1.49173912738%

Nutrients (% of daily need)

Calories: 134.38kcal (6.72%), Fat: 7.06g (10.85%), Saturated Fat: 4.17g (26.07%), Carbohydrates: 16.03g (5.34%), Net Carbohydrates: 15.62g (5.68%), Sugar: 10.56g (11.73%), Cholesterol: 27.3mg (9.1%), Sodium: 21.47mg (0.93%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 5.94mg (1.98%), Protein: 1.71g (3.42%), Vitamin A: 197.34IU (3.95%), Manganese: 0.07mg (3.74%), Copper: 0.06mg (3.17%), Iron: 0.54mg (2.97%), Phosphorus: 24.92mg (2.49%), Magnesium: 8.89mg (2.22%), Vitamin B2: 0.04mg (2.12%), Calcium: 19.97mg (2%), Fiber: 0.41g (1.66%), Vitamin B1: 0.02mg (1.44%), Folate: 5.53µg (1.38%), Zinc: 0.2mg (1.31%), Potassium: 36.86mg (1.05%), Vitamin B3: 0.21mg (1.05%), Vitamin B12: 0.06µg (1.03%)