

Mini Whoopie Pies

Vegetarian







DESSERT

Ingredients

3 tablespoons butter softened
0.5 cup granulated sugar
1.5 cups pancake mix
1 eggs
2 tablespoons milk
1 teaspoon vanilla
1 serving purple gel food coloring red

4 oz cream cheese softened (half of 8-oz package)

	2 tablespoons butter softened	
	0.3 teaspoon vanilla	
	1 cup powdered sugar	
Equipment		
	bowl	
	baking sheet	
	baking paper	
	oven	
	hand mixer	
	ziploc bags	
Directions		
	Heat oven to 350°F. Line large cookie sheets with cooking parchment paper.	
	In medium bowl, beat 3 tablespoons butter and the granulated sugar with electric mixer on low speed until well blended and sandy in texture.	
	Add remaining cookie ingredients except food color. Beat on medium speed 2 minutes, scraping bowl occasionally, until smooth.	
	Stir food color into batter as desired to create bright red color. Stir until well blended. Spoon batter into resealable food-storage plastic bag.	
	Cut 1/4 inch off corner of bag. Onto cookie sheets, squeeze bag of batter to make 70 (1-inch) circles of dough (about 1/2 teaspoon each), about 1 inch apart.	
	Bake 7 to 8 minutes or until edges and centers are set. Cool 2 minutes.	
	Remove from cookie sheets to cooling racks; cool completely, about 20 minutes.	
	In medium bowl, beat Filling ingredients with spoon until smooth.	
	For each whoopie pie, spread about 11/4 teaspoons filling on bottom of 1 cookie; place second cookie, bottom side down, on filling. Refrigerate 30 minutes before serving. Store loosely covered in refrigerator with waxed paper between layers.	

Nutrition Facts

Properties

Glycemic Index:6.72, Glycemic Load:2.06, Inflammation Score:-1, Nutrition Score:0.80826087069252%

Nutrients (% of daily need)

Calories: 64.89kcal (3.24%), Fat: 3.32g (5.11%), Saturated Fat: 1.85g (11.57%), Carbohydrates: 8.12g (2.71%), Net Carbohydrates: 8.02g (2.92%), Sugar: 6.39g (7.1%), Cholesterol: 16.31mg (5.44%), Sodium: 53.39mg (2.32%), Alcohol: 0.05g (100%), Alcohol %: 0.32% (100%), Protein: 0.84g (1.67%), Phosphorus: 24.75mg (2.47%), Vitamin A: 115.6IU (2.31%), Vitamin B2: 0.03mg (1.98%), Selenium: 1.28µg (1.84%), Calcium: 17.44mg (1.74%)