



Minnesota's Favorite Cookie

READY IN



25 min.

SERVINGS



48

CALORIES



151 kcal

DESSERT

Ingredients

- ☐ 1 teaspoon double-acting baking powder
- ☐ 1.5 cups brown sugar
- ☐ 1 cup butter softened
- ☐ 2 eggs
- ☐ 2.5 cups flour all-purpose
- ☐ 1 cup milk chocolate chips
- ☐ 1 cup pecans chopped
- ☐ 0.3 teaspoon salt
- ☐ 0.5 cup semi chocolate chips

- ☐ 0.7 cup toffee baking bits
- ☐ 2 teaspoons vanilla extract

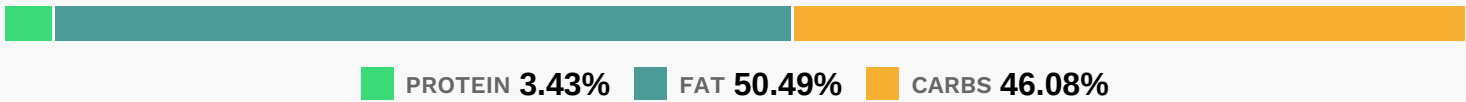
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C). Grease cookie sheets.
- ☐ In a medium bowl, cream together the butter and sugar. Beat in eggs, one at a time, then stir in the vanilla.
- ☐ Combine the flour, baking powder, and salt; stir into the creamed mixture. Stir in the milk chocolate and semisweet chips, toffee bits, and pecans. Drop by tablespoonfuls onto cookie sheets.
- ☐ Bake for 10 to 12 minutes in the preheated oven. Allow cookies to cool on the baking sheet before transferring to wire racks to cool completely.

Nutrition Facts



Properties

Glycemic Index:5.79, Glycemic Load:4.71, Inflammation Score:-2, Nutrition Score:2.290434807215%

Flavonoids

Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg

Nutrients (% of daily need)

Calories: 150.58kcal (7.53%), Fat: 8.57g (13.19%), Saturated Fat: 4.4g (27.48%), Carbohydrates: 17.61g (5.87%), Net Carbohydrates: 17.06g (6.21%), Sugar: 11.72g (13.03%), Cholesterol: 20.52mg (6.84%), Sodium: 60.65mg (2.64%), Alcohol: 0.06g (100%), Alcohol %: 0.23% (100%), Protein: 1.31g (2.62%), Manganese: 0.18mg (8.84%), Selenium: 3.17µg (4.53%), Vitamin B1: 0.07mg (4.53%), Folate: 13.55µg (3.39%), Vitamin A: 168.15IU (3.36%), Copper: 0.06mg (3.24%), Iron: 0.57mg (3.17%), Vitamin B2: 0.05mg (2.85%), Phosphorus: 26.12mg (2.61%), Vitamin B3: 0.44mg (2.2%), Fiber: 0.54g (2.18%), Magnesium: 8.59mg (2.15%), Calcium: 20.31mg (2.03%), Zinc: 0.23mg (1.55%), Potassium: 52.37mg (1.5%), Vitamin E: 0.21mg (1.38%), Vitamin B5: 0.1mg (1.01%)