



## Mint Chocolate Cake Cones

 Dairy Free

READY IN



80 min.

SERVINGS



18

CALORIES



390 kcal

DESSERT

### Ingredients

- 16.5 ounce devil's food cake mix duncan hines®
- 0.5 cup bittersweet chocolate finely chopped
- 3 large eggs
- 6 gram frosting chocolatey mint flavour mix duncan hines®
- 32 ounce frosting frosting starter duncan hines® canned
- 18 flat bottom ice cream cones
- 0.5 cup vegetable oil
- 1.3 cups water

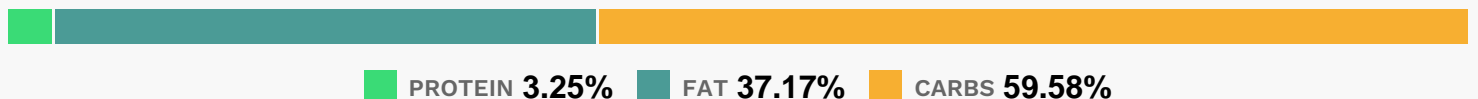
## Equipment

- frying pan
- oven
- knife
- toothpicks
- aluminum foil
- skewers

## Directions

- Preheat oven to 350 degrees F and prepare cake batter as directed on package.
- Using a standard muffin/cupcake tin put a sheet of foil over whole pan, securing it around edges.
- Using a knife or skewer, poke a hole in foil above each muffin cup. Gently enlarge hole until ice cream cones just fit through it.
- Repeat for all cones. Your cones should now be supported by the foil.
- Fill cones two-thirds full with cake batter and bake 18 to 20 minutes or until toothpick inserted into cake comes out clean.
- As soon as cones come out of oven, use a skewer or toothpick to poke 3 holes in bottom of cone to let steam and moisture escape.
- Cool cones completely.
- Pour 1 packet of Duncan Hines® Frosting Creations™ Chocolatey Mint Flavour
- Mix into 1 can of Duncan Hines® Frosting Creations™ Frosting Starter. Stir until evenly blended. Repeat with second can and packet.
- Mix the chopped chocolate into the Chocolatey Mint frosting you just created and transfer frosting to a piping bag with an open star decorator tip.
- Pipe the frosting in a swirling motion around your cones and serve.

## Nutrition Facts



## Properties

Glycemic Index:2.39, Glycemic Load:14.72, Inflammation Score:-2, Nutrition Score:5.5347825651583%

## Flavonoids

Eriodictyol: 0.1mg, Eriodictyol: 0.1mg, Eriodictyol: 0.1mg, Eriodictyol: 0.1mg Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg

## Nutrients (% of daily need)

Calories: 389.58kcal (19.48%), Fat: 16.36g (25.17%), Saturated Fat: 3.91g (24.44%), Carbohydrates: 59.01g (19.67%), Net Carbohydrates: 57.85g (21.04%), Sugar: 43.81g (48.68%), Cholesterol: 31.29mg (10.43%), Sodium: 330.67mg (14.38%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 7.04mg (2.35%), Protein: 3.22g (6.43%), Vitamin B2: 0.25mg (14.66%), Phosphorus: 112.5mg (11.25%), Iron: 1.86mg (10.36%), Vitamin K: 10.21µg (9.73%), Selenium: 6.43µg (9.19%), Copper: 0.18mg (9.13%), Vitamin E: 1.31mg (8.71%), Folate: 31.36µg (7.84%), Manganese: 0.15mg (7.57%), Magnesium: 23.76mg (5.94%), Calcium: 50.51mg (5.05%), Fiber: 1.16g (4.64%), Vitamin B1: 0.06mg (4.29%), Potassium: 148.33mg (4.24%), Vitamin B3: 0.76mg (3.78%), Zinc: 0.51mg (3.41%), Vitamin B5: 0.23mg (2.26%), Vitamin B12: 0.08µg (1.38%), Vitamin B6: 0.03mg (1.38%), Vitamin A: 62.37IU (1.25%), Vitamin D: 0.17µg (1.11%)