



Mint-Chocolate Chip Cookie Whoopie Pies

READY IN



25 min.

SERVINGS



9

CALORIES



485 kcal

Ingredients

- ☐ 17.5 oz chocolate chip cookie mix
- ☐ 0.3 cup butter softened
- ☐ 1 tablespoon water
- ☐ 12 oz vanilla frosting
- ☐ 1 tablespoon peppermint extract pure

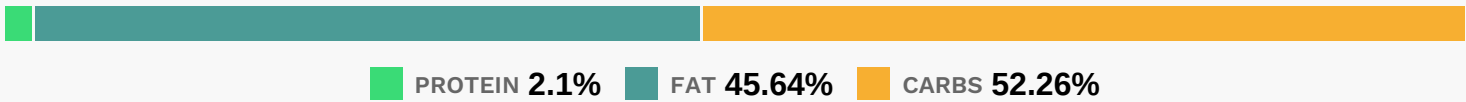
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven

Directions

- ☐ Heat oven to 375°F. In medium bowl, stir cookie mix, butter and water until soft dough forms.
- ☐ Drop dough by teaspoonfuls 1 inch apart on ungreased cookie sheet, making 18 cookies.
- ☐ Bake 8 to 10 minutes or until light golden brown. Cool 1 minute before removing from cookie sheet. Cool 4 minutes before assembling.
- ☐ Mix frosting and mint extract.
- ☐ Spread about 1 tablespoon frosting on bottom of 1 cookie. Top with additional cookie, bottom sides together.

Nutrition Facts



Properties

Glycemic Index:15.74, Glycemic Load:28.45, Inflammation Score:-2, Nutrition Score:3.4469565064849%

Nutrients (% of daily need)

Calories: 484.65kcal (24.23%), Fat: 24.52g (37.73%), Saturated Fat: 9.66g (60.35%), Carbohydrates: 63.17g (21.06%), Net Carbohydrates: 61.63g (22.41%), Sugar: 41.9g (46.55%), Cholesterol: 17.97mg (5.99%), Sodium: 308.2mg (13.4%), Alcohol: 0.5g (100%), Alcohol %: 0.62% (100%), Protein: 2.54g (5.07%), Vitamin B2: 0.22mg (12.76%), Vitamin B1: 0.19mg (12.41%), Folate: 40.15µg (10.04%), Fiber: 1.54g (6.17%), Vitamin B3: 1.19mg (5.97%), Vitamin K: 5.36µg (5.1%), Vitamin E: 0.72mg (4.83%), Magnesium: 18.89mg (4.72%), Iron: 0.73mg (4.03%), Phosphorus: 35.41mg (3.54%), Potassium: 116.83mg (3.34%), Vitamin A: 157.58IU (3.15%), Zinc: 0.31mg (2.06%)