



Mint-Chocolate Chip Cookie Whoopie Pies

READY IN



25 min.

SERVINGS



9

CALORIES



155 kcal

Ingredients

- ☐ 0.3 cup butter softened
- ☐ 1 pouch chocolate chip cookie mix
- ☐ 1 tablespoon peppermint extract pure
- ☐ 1 cup vanilla frosting
- ☐ 1 tablespoon water

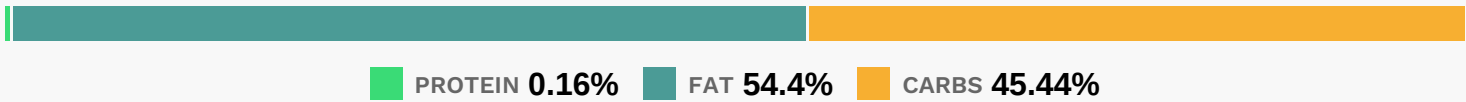
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven

Directions

- ☐ Heat oven to 375F. In medium bowl, stir cookie mix, butter and water until soft dough forms.
- ☐ Drop dough by teaspoonfuls 1 inch apart on ungreased cookie sheet, making 18 cookies.
- ☐ Bake 8 to 10 minutes or until light golden brown. Cool 1 minute before removing from cookie sheet. Cool 4 minutes before assembling.
- ☐ Mix frosting and mint extract.
- ☐ Spread about 1 tablespoon frosting on bottom of 1 cookie. Top with additional cookie, bottom sides together.

Nutrition Facts



Properties

Glycemic Index:15.74, Glycemic Load:7.37, Inflammation Score:-1, Nutrition Score:0.8091304289258%

Nutrients (% of daily need)

Calories: 154.89kcal (7.74%), Fat: 9.21g (14.17%), Saturated Fat: 4g (24.99%), Carbohydrates: 17.31g (5.77%), Net Carbohydrates: 17.31g (6.29%), Sugar: 16.07g (17.85%), Cholesterol: 13.57mg (4.52%), Sodium: 87.36mg (3.8%), Alcohol: 0.5g (100%), Alcohol %: 1.82% (100%), Protein: 0.06g (0.12%), Vitamin B2: 0.08mg (4.68%), Vitamin E: 0.53mg (3.54%), Vitamin K: 3.71µg (3.53%), Vitamin A: 157.58IU (3.15%)