



Mint Chocolate Chip Snacking Cake

READY IN



60 min.

SERVINGS



15

CALORIES



254 kcal

DESSERT

Ingredients

- 2.5 teaspoons double-acting baking powder
- 5 tablespoons dairy-free margarine
- 0.8 cup dairy-free chocolate chips mini (we used Enjoy Life chocolate chips)
- 0.3 cup dairy-free yogurt plain
- 2.5 cups flour all-purpose
- 1.3 cups milk alternative plain
- 0.5 teaspoon peppermint extract
- 0.5 teaspoon salt
- 1.8 cups sugar

- 1 teaspoon vanilla extract

Equipment

- bowl
- frying pan
- oven
- wire rack
- blender
- hand mixer
- toothpicks

Directions

- Preheat oven to 375°F.Spray 9 x 13-inch pan with nonstick cooking spray.In medium bowl, combine flour, baking powder and salt.In bowl of electric mixer, cream margarine.
- Add sugar and beat until fluffy.
- Add extracts and cultured coconut milk and beat on med-high speed until well-combined.Alternating, add coconut milk and dry ingredients to the mixer bowl, beating on low speed after each addition until just combined.
- Pour into prepared pan.
- Bake about 35 min, or until toothpick inserted in center comes out clean.Cool completely in pan on wire rack.
- Cut into snacking squares and dust with powdered sugar, if desired.

Nutrition Facts



PROTEIN 5.43% FAT 24.27% CARBS 70.3%

Properties

Glycemic Index:20.57, Glycemic Load:28.36, Inflammation Score:-3, Nutrition Score:4.8986956541953%

Nutrients (% of daily need)

Calories: 253.62kcal (12.68%), Fat: 7.04g (10.84%), Saturated Fat: 3.01g (18.81%), Carbohydrates: 45.9g (15.3%), Net Carbohydrates: 44.72g (16.26%), Sugar: 28.69g (31.88%), Cholesterol: 2.44mg (0.81%), Sodium: 188.71mg (8.2%), Alcohol: 0.14g (100%), Alcohol %: 0.21% (100%), Protein: 3.55g (7.09%), Vitamin B1: 0.18mg (11.83%), Selenium: 7.68 μ g (10.97%), Folate: 39.38 μ g (9.85%), Iron: 1.72mg (9.56%), Calcium: 84.84mg (8.48%), Vitamin B2: 0.14mg (8.45%), Manganese: 0.14mg (7.25%), Vitamin B3: 1.38mg (6.91%), Vitamin E: 1.02mg (6.83%), Phosphorus: 57.85mg (5.79%), Fiber: 1.18g (4.73%), Vitamin A: 226.62IU (4.53%), Vitamin K: 2.71 μ g (2.58%), Vitamin B12: 0.15 μ g (2.54%), Copper: 0.04mg (1.85%), Magnesium: 7.25mg (1.81%), Vitamin D: 0.27 μ g (1.81%), Potassium: 60.85mg (1.74%), Vitamin B5: 0.17mg (1.67%), Zinc: 0.24mg (1.61%), Vitamin B6: 0.03mg (1.54%)