



Mint-Chocolate Ice Cream Cake



Gluten Free



Popular

READY IN



350 min.

SERVINGS



16

CALORIES



417 kcal

DESSERT

Ingredients

- ☐ 4 drops drop natural food coloring green
- ☐ 6 cups chocolate chips green with chocolate chips or chocolate swirl, slightly softened mint-flavored
- ☐ 2 tablespoons powdered sugar
- ☐ 1.5 cups whipping cream

Equipment

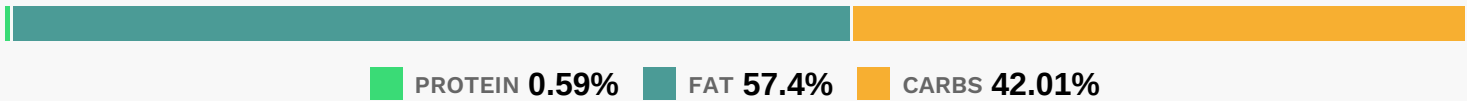
- ☐ bowl
- ☐ frying pan
- ☐ oven

- ☐ cake form
- ☐ aluminum foil

Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pans). Grease bottoms only of two 9-inch round cake pans; line bottoms with waxed paper. Make cake batter as directed on box. Spoon evenly into pans.
- ☐ Bake as directed on box for 9-inch rounds. Cool in pans 10 minutes.
- ☐ Remove from pans to cooling racks.
- ☐ Remove waxed paper. Cool completely, about 30 minutes.
- ☐ Line 9-inch round cake pan with foil. Spoon and spread ice cream evenly in pan. Cover with foil; freeze until completely frozen, about 2 hours.
- ☐ On serving plate, place 1 cake layer with rounded side down.
- ☐ Remove ice cream from pan; peel off foil.
- ☐ Place on top of cake. Top with remaining cake layer, rounded side up.
- ☐ In medium bowl, beat whipping cream, powdered sugar and food color on high speed until stiff peaks form. Frost side and top of cake with whipped cream. Freeze about 2 hours or until firm.
- ☐ Let stand at room temperature 10 minutes before serving.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.3682608741295%

Nutrients (% of daily need)

Calories: 417.25kcal (20.86%), Fat: 27.34g (42.06%), Saturated Fat: 17.19g (107.42%), Carbohydrates: 45.03g (15.01%), Net Carbohydrates: 45.03g (16.37%), Sugar: 40.2g (44.67%), Cholesterol: 25.21mg (8.4%), Sodium: 6.04mg (0.26%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.63g (1.27%), Vitamin A: 327.99IU (6.56%), Calcium: 62.95mg (6.3%), Potassium: 214.07mg (6.12%), Vitamin B2: 0.04mg (2.48%), Vitamin D: 0.36µg (2.38%), Vitamin E: 0.21mg (1.37%), Phosphorus: 12.94mg (1.29%)