



Mint Julep Martini



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



351 kcal

BEVERAGE

DRINK

Ingredients

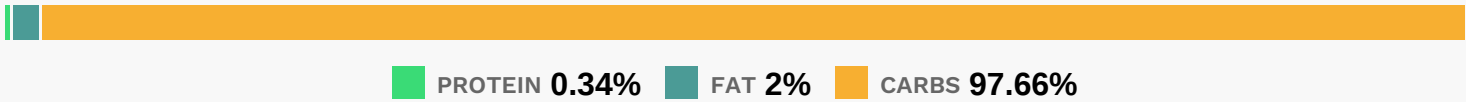
- ☐ 0.3 cup bourbon
- ☐ 1 teaspoon crème de cassis liqueur
- ☐ 6 ice cubes
- ☐ 1 sprig orange zest fresh
- ☐ 0.3 cup orange liqueur
- ☐ 1 teaspoon vodka

Equipment

Directions

- ☐ Combine first 5 ingredients in a martini shaker. Cover with lid, and shake until thoroughly chilled.
- ☐ Remove lid, and strain into a chilled martini glass.
- ☐ Serve immediately.
- ☐ Garnish, if desired.
- ☐ *1/2 teaspoon vanilla extract may be substituted.
- ☐ Note: This recipe can be easily doubled. Make desired amount of servings, and store in a pitcher.
- ☐ Serve chilled. For testing purposes only, we used Smirnoff Vanilla Twist for vanilla vodka and Grand Marnier for orange liqueur.

Nutrition Facts



Properties

Glycemic Index:30, Glycemic Load:0, Inflammation Score:-4, Nutrition Score:0.49652173726455%

Nutrients (% of daily need)

Calories: 351.39kcal (17.57%), Fat: 0.19g (0.3%), Saturated Fat: 0.06g (0.4%), Carbohydrates: 21.33g (7.11%), Net Carbohydrates: 21.22g (7.72%), Sugar: 21.08g (23.42%), Cholesterol: 0mg (0%), Sodium: 9.85mg (0.43%), Alcohol: 38.54g (100%), Alcohol %: 22.83% (100%), Caffeine: 15.34mg (5.11%), Protein: 0.07g (0.15%), Copper: 0.06mg (2.75%), Vitamin C: 1.36mg (1.65%), Manganese: 0.02mg (1.14%)