

SIDE DISH

Mint Pesto Pasta

14 September 2026

TOTAL TIME	PREP	SERVES	PER SERVING	CALORIES
20 min	20 min	8	\$1.02	323 kcal



You can never have too many hor d'oeuvre recipes, so give Mint Pesto Pastan a try. One portion of this dish contains around 11g of protein, 10g of fat, and a total of 323 calories. This recipe serves 8 and costs \$1.02 per serving. 147 people have made this recipe and would make it again.

Ingredients

☐ 20 fresh basil leaves	☐ 10 fresh mint leaves
☐ 2 cloves garlic, chopped	☐ 1½ tablespoons olive oil
☐ 3 tablespoons Parmesan cheese	☐ 16 ounce package uncooked linguini pasta
☐ ½ cup pine nuts	☐ 2 tablespoons ricotta cheese
☐ 8 servings salt and pepper to taste	☐ 6 tomatoes, seeded and chopped

EQUIPMENT Food processor, Pot, Blender

Method

- 1 Bring a large pot of lightly salted water to a boil.
- 2 Place linguini in the pot, and cook for 8 to 10 minutes, until al dente.
- 3 Drain, reserving 1 1/2 tablespoons water.
- 4 In a blender or food processor, blend the reserved water, tomatoes, basil, mint, garlic, pine nuts, Parmesan cheese, ricotta cheese, olive oil, salt, and pepper until smooth. Toss with the cooked pasta to serve.

Nutrition per serving

323	11 g	10 g	48 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			1.6 g · 10% of daily needs
Fibre			3.4 g · 13% of daily needs
Sugar			4.3 g · 5% of daily needs
Sodium			236 mg · 10% of daily needs
Cholesterol			3.2 mg · 1% of daily needs
Vitamin C			13.5 mg · 16% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/mint-pesto-pasta-142566