

DESSERT

Missy's Lemon and Blueberry Cupcakes

7 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
40 min	20 min	20 min	12	\$2.99	622 kcal



Forget going out to eat or ordering takeout every time you crave American food.

Ingredients

☐ ¼ teaspoon baking powder

☐ 12 servings Blueberries

☐ 1 stick cream cheese

☐ 1¾ cups all-purpose flour

☐ 2 tablespoons fresh lemon juice

☐ 12 servings Lemon peel

☐ ¼ cup milk

☐ 3 cups powdered sugar

☐ 1 stick unsalted butter (let stand at room temp)

☐ ¼ teaspoon baking soda

☐ 12 servings Blueberries, coated with flour

☐ 3 eggs (let stand at room temp)

☐ 1¾ cups granulated sugar

☐ 3 tablespoons finely shredded lemon peel

☐ 2 tablespoons lemon zest

☐ 1 Sprig fresh mint

☐ ¼ teaspoon salt

☐ 1½ sticks unsalted butter (let stand at roomtemp)

Method

- 1

Watch how to make this recipe.
- 2

Preheat the oven to 350 degrees F.
- 3

Mix the butter and eggs. In a medium bowl, mix the flour, baking powder, baking soda and salt together.
- 4

Mix the granulated sugar, milk and lemon peel together. Then mix the butter and eggs into the milk and sugar mixture.
- 5

Mix the flour into the wet mixture and blend.
- 6

Place paper cups into a pan, spray with butter baking spray and fill each cup three-quarters full with batter. Drop the coated blueberries on top.
- 7

Bake for 18 to 20 minutes.
- 8

Combine the powdered sugar, butter, cream cheese, lemon juice and zest together until light and fluffy. Pipe onto the cupcakes and decorate with lemon peel, blueberries and a mint leaf.

Nutrition per serving			
	622	6 g	22 g
	KCAL	PROTEIN	FAT
			109 g
			CARBS
Saturated Fat			12.7 g · 79% of daily needs
Fibre			7.9 g · 32% of daily needs
Sugar			80.1 g · 89% of daily needs
Sodium			105 mg · 5% of daily needs
Cholesterol			92.2 mg · 31% of daily needs
Vitamin C			33.2 mg · 40% of daily needs

Adapted from Foodnetwork. Find this recipe, ratings and more ideas at [whatsheate.com/missys-lemon-and-blueberry-cupcakes-148549](https://www.whatsheate.com/missys-lemon-and-blueberry-cupcakes-148549)