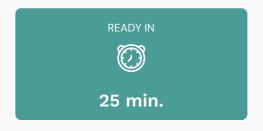


Mix-Easy Chocolate Chip Cookies

Popular







DESSERT

Ingredients

Γ	0.5 cup butter	softened
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1 eggs

1 tablespoons milk

0.5 cup nuts chopped

1 cup semi chocolate chips

1 teaspoon vanilla

1 box cake mix yellow betty crocker® supermoist®

Equipment

	bowl			
	baking sheet			
	oven			
	wire rack			
	hand mixer			
Directions				
	Heat oven to 350°F (325°F for dark or nonstick pans). In large bowl, beat cake mix, butter, 1 tablespoon milk, vanilla and egg with electric mixer on medium speed until smooth, or mix with spoon.			
	Mix in additional 1 tablespoon milk if dough is too dry. Stir in nuts and chocolate chips.			
	Drop dough by slightly less than tablespoonfuls 2 inches apart on ungreased cookie sheets.			
	Bake cookies 10 to 12 minutes or until edges are set (centers will be soft and cookies will be very light in color). Cool 1 minute; remove from cookie sheets to cooling rack. Store covered.			
	Nutrition Facts			
	45.400			
	PROTEIN 4.61% FAT 45.18% CARBS 50.21%			

Properties

Glycemic Index:1.61, Glycemic Load:0.09, Inflammation Score:-1, Nutrition Score:2.1139130408511%

Nutrients (% of daily need)

Calories: 101.71kcal (5.09%), Fat: 5.15g (7.93%), Saturated Fat: 1.75g (10.95%), Carbohydrates: 12.89g (4.3%), Net Carbohydrates: 12.24g (4.45%), Sugar: 6.94g (7.71%), Cholesterol: 4.2mg (1.4%), Sodium: 117.36mg (5.1%), Alcohol: 0.03g (100%), Alcohol %: 0.18% (100%), Caffeine: 3.69mg (1.23%), Protein: 1.18g (2.36%), Phosphorus: 59.82mg (5.98%), Manganese: 0.11mg (5.7%), Copper: 0.09mg (4.26%), Iron: 0.61mg (3.38%), Magnesium: 12.89mg (3.22%), Calcium: 31.68mg (3.17%), Fiber: 0.64g (2.58%), Folate: 9.75µg (2.44%), Vitamin B2: 0.04mg (2.37%), Vitamin B1: 0.03mg (2.28%), Vitamin A: 105.3IU (2.11%), Vitamin B3: 0.4mg (2.02%), Vitamin E: 0.23mg (1.56%), Zinc: 0.23mg (1.51%), Selenium: 1.06µg (1.51%), Potassium: 43.58mg (1.25%)